Imaging diagnosis and the role of endovascular embolization treatment for vascular intraspinal tumors

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Intraspinal tumors comprise a large spectrum of neoplasms, including hemangioblastomas, paragangliomas, and meningiomas. These tumors have several common characteristic imaging features, such as highly vascular mass appearance in angiography, hypointense rim and serpentine flow voids in MRI, and intense enhancement after intravenous contrast administration. Due to their rich vascularity, these tumors represent a special challenge for surgical treatment. More recently, the surgical treatment of intraspinal vascular tumors has benefited from the combination of endovascular techniques used to better delineate these lesions and to promote preoperative reduction of volume and tissue blood flow. Endovascular embolization has been proven to be a safe procedure that facilitates the resection of these tumors; hence, it has been proposed as part of the standard of care in their management.

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Spinal tumors comprise a wide range of neoplasms, which can be compartmentally grouped as intramedullary, intradural/extradural, and extradural. Hypervascular intraspinal tumors, including hemangioblastoma, paraganglioma, and meningioma, have specific imaging characteristics related to their rich blood supply. The clinical presentation of these tumors is determined in part by their location; however, in most instances, pain is the predominant presenting symptom. These tumors can be particularly challenging to resect due to the risk of hemorrhage and edema and their subsequent complications.

Endovascular embolization has been chosen as a standard approach in some institutions to facilitate the management of patients with vascular spinal tumors by reducing the surgical complications and improving the clinical outcome. The purpose of this article is to describe the most common imaging modalities used to evaluate the vascular intraspinal tumors and to review their imaging characteristics and the indications and options for endovascular embolization treatment.

Imaging Techniques

Plain Film Radiography

Plain film radiographs of long-standing vascular intraspinal tumors may demonstrate widening of the interpedicular distance and enlargement of the spinal canal and neural foramina, with scalloping of the vertebral bodies, pedicle erosion, and thinning of the lamina. Widening of the spinal canal occurs in children and young adults with myxopapillary ependymoma located in the conus medularis and filum terminale. In adults, abnormal findings include straightening of the spine. Progressive scoliosis should alert the clinician to the possibility of an underlying intramedullary lesion.

Computed Tomography

Computed tomography (CT) may show widening of the spinal canal. Plain CT should not be chosen as a screening modality for intraspinal lesions because the visualization of the canal content is limited by the surrounding bone.
Three-dimensional and high-resolution contrast-enhanced CT angiography (CTA)–based navigation with maximum projection multiplanar reformatted imaging might be helpful for preoperative planning and surgical/intraoperative guidance.

Myelography

Myelography provides visualization of the contour of the spinal cord, which, either with conventional radiography or CT, reveals a spinal mass as a complete or partial block in the flow of the intrathecal contrast material. The historic classification of spinal tumors is based on the use of myelography, with 3 main groups: extradural extramedullary, intradural extramedullary, and intradural intramedullary. The so-called “meniscus-sign” describing the silhouette of the lesion against the opacified cerebrospinal fluid (CSF) is typical of intradural extramedullary lesions compressing the spinal cord. With larger lesions, a “complete myelographic block” may occur (Fig. 1a and b). However, only the spinal cord contours are delineated with myelography and no information is obtained concerning the composition of the lesion.

Magnetic Resonance Imaging

Currently, MRI is considered the state-of-the-art imaging modality for spinal cord disease and the diagnostic procedure of choice for the evaluation of spinal tumors. The multiplanar capability and high soft-tissue resolution of MRI make it the ideal modality for the evaluation of the spinal canal contents, localizing lesions, and assisting in preoperative planning.

Contrast-enhanced MRI defines the relationship of the tumor to the spinal cord, nerve roots, and thecal sac. It aids in differentiating tumor from perilesional edema and cysts, in determining tumor extent, and in evaluating intrinsic spinal cord signal abnormalities. An additional advantage of MRI is the ability to perform high-quality imaging such as 3D sequences for treatment planning and surgical navigation, diffusion tensor tractography (DTI), susceptibility-weighted imaging (SWI), perfusion-weighted imaging (PWI), measurement of the apparent diffusion coefficient (ADC), and MR spectroscopy (MRS).

The MR technique must systematically include T1- and T2-weighted imaging and gadolinium-enhanced T1-weighted imaging with fat suppression. The entire spinal cord must be studied with dedicated phased-array spinal surface coils. At least 2 different imaging planes must be used to locate the tumor properly and to differentiate intra- from extramedullary tumors. Gradient-recalled echo (GRE) sequences and SWI are more sensitive than T1- and T2-weighted imaging in detecting hemorrhage. The short-time inversion recovery (STIR) sequence is excellent for evaluating bone marrow and soft-tissue edema, tumor, and intramedullary lesions. MR myelography (MRM), with or without intrathecal gadolinium administration (0.25 ml Gadovist), provides images comparable to those obtained by conventional myelography. Its limitations have been described in the assessment of far-lateral nerve root compression and in cases of isolated epidural fat compression. When performed without an intrathecal contrast agent, MRM utilizes a very heavily weighted T2-weighted sequence to produce a robust paradoxical hyperintense edge between the CSF and the soft tissue of the spinal cord and nerve roots. DTI tractography maps can help differentiate destructive intramedullary tumors from tumors that displace normal tissue. It allows the visualization of the location, orientation, and anisotropy of the white matter tracts. Subsequent surgical planning by the means of high-resolution DTI sequences could decrease surgical morbidity.

Magnetic resonance angiography (MRA) with 3D ca-

![FIG. 1. Schwannoma of cauda equina in a 42-year-old male patient with low-back pain radiating to the legs. Multiplanar reconstructions of CT myelography in sagittal (a) and coronal (b) views reveal a meniscus of contrast (white arrows), indicating the presence of an intradural extramedullary mass lesion in the spinal canal at the L-2 level. A complete myelographic block is noted above the mid-L-2 vertebral level. The corresponding MRI appearance of a “meniscus sign” is demonstrated in the sagittal T2-weighted image (c; white arrows); of note, there are no intradural flow-voids. T1-weighted images obtained before (d) and after gadolinium administration (e) demonstrate a well-defined tumor with moderate homogeneous enhancement. Courtesy of Associate Professor of Radiology, Dr. Santanu Chakraborty, MBBS, MRCP, DMRD, FRCR, University of Ottawa.](image)
Digital Subtraction Angiography

Although rarely used as a primary diagnostic modality for spinal tumors, spinal digital subtraction angiography (DSA) has been the gold standard in the evaluation of intraspinal tumor vascularity which is essential to the successful resection of potentially curable lesions. Preoperative spinal DSA may be performed when a vascular intraspinal lesion is suspected (based on the clinical presentation and cross-sectional imaging), to characterize the vascular anatomy, and to determine whether the lesion would be amenable to preoperative embolization. DSA can facilitate the embolization of feeding arteries prior to resection in selected cases.

The choice regarding routine DSA for the preoperative assessment of vascular intraspinal tumors varies among institutions. For many authors, MRI is the diagnostic technique of choice, while others only perform DSA if preoperative embolization is indicated. Other investigators state that diagnostic DSA allows a detailed assessment of the angiographic architecture of the lesion and adjacent vascular structures and is helpful in establishing the differential diagnosis and the treatment planning.

Identification of feeding vessels can guide resection and avoid inadvertent spinal cord ischemia. In our experience, for instance, vascular intraspinal tumors affecting the cauda equina require detailed preoperative DSA to distinguish whether the lesion arises from the spinal nerves or from the filum terminale. This distinction is seldom possible to obtain using noninvasive vascular techniques. The neuroradiologist can distinguish a lesion that arises from the filum terminale by assessing its vascular supply via the anterior spinal artery. In these cases, preoperative embolization is very risky because it can compromise the supply to the spinal cord. The vascular mapping provided by DSA will help the surgeon to avoid an injury to the supply to the spinal cord during the resection of the tumor.

Clinical and Imaging Diagnosis of Vascular Intraspinal Tumors

Hemangioblastoma

Prevalence

Spinal hemangioblastomas are uncommon, accounting for approximately 1%–5% of all spinal cord tumors. There is no sex predilection. The peak incidence is in the fourth decade. As with intracranial hemangioblastomas, one third of the patients have von Hippel–Lindau (VHL) disease. Most of the lesions are solitary, but multiplicity is seen in up to 20% of cases. Patients with VHL disease tend to develop new lesions and present with neurologic symptoms at a younger age than patients with sporadic disease. The thoracic spinal cord is most frequently involved (51%), followed by the cervical spinal cord (41%). Only 8% of spinal hemangioblastomas are in the caudal region of the spinal cord. Hemangioblastomas may originate from any compartment of the spinal canal or within a vertebral body: 60% are intradural, 11% are intradural extramedullary, and 8% are extradural.

Clinical Presentation

Symptoms of sensory changes, motor dysfunction, and pain commonly accompany hemangioblastomas. The earliest symptom of sensory change is usually due to the impairment of proprioception related to the tumor’s location in the dorsal area of the spinal cord. The mean duration between symptom onset and presentation is approximately 30 months, reflecting the slow and indolent pattern of tumor growth. For patients with VHL syndrome, retinal or cerebellar findings usually precede the spinal cord manifestation. Rarely, spinal hemangioblastomas may be a source of subarachnoid hemorrhage or hematomyelia.

Pathological Characteristics

Hemangioblastomas are located mainly on the dorsal surface of the cord. At gross examination, spinal cord hemangioblastomas most commonly appear as highly vascular, discrete, nodular, reddish masses abutting the leptomeninges, with prominent dilated and tortuous vessels on the surface of the spinal cord (Fig. 2a). Histologically, a hemangioblastoma is composed of a highly vascular solid portion with small arteries, capillaries, and large dilated draining veins. Its nidus consists mainly of endothelial cells and interspersed large, pale stromal cells (Fig. 2b).

Genetically, VHL disease is caused by germline mutations of the VHL tumor-suppressor gene located on the distal part of the short arm of chromosome 3 (3p25–26). This gene, encoding for a 213–amino acid protein, plays a major role in the regulation of vascular endothelial growth factor expression, which explains the highly vascular nature of the hemangioblastomas.

Imaging Features

MRI ensures an accurate diagnosis of spinal hemangioblastomas and associated cysts. In addition, it offers excellent visualization of multiple lesions and is the best imaging modality for follow-up. Dilated tortuous feeding arteries and draining pial veins are seen on half of the myelographic studies of hemangioblastomas. An unenhanced CT scan may reveal a hypodense partially cystic mass.

The typical appearance of a hemangioblastoma is that of a large intramedullary cyst with a mural nodule. The signal intensity is variable on T1-weighted images, with the majority of these lesions being isointense to hypointense and difficult to differentiate from the normal spinal cord. Small tumors (less than 10 mm in maximum dimension) are often isointense on T1-weighted images and demonstrate homogeneous contrast enhancement. Larger lesions tend to be hypointense or mixed, iso- and hypointense, on T1-weighted images, with heterogeneous enhancement. These larger lesions are isointense to hyper-
intense on T2-weighted images. Associated cysts can be of varying signal intensity depending on the protein content. When the lesions are solid, extensive surrounding edema is usually demonstrated. The edema may extend far beyond the solid tumor and may in part be due to venous congestion or arteriovenous shunting. An extensive syrinx (a cystic cavity within the spinal cord)—and/or syringohydromyelia (intramedullary fluid that dissects into the surrounding white matter forming a cystic cavity or syrinx)—is another typical associated finding. The syringohydromyelia is always found to have a relatively large size as compared with the size of the intramedullary tumor. Symptomatic small hemangioblastomas can have relatively large associated syringes, whereas asymptomatic ones usually do not.

Serpentine flow voids corresponding to large feeding or draining vessels can be seen along the dorsal aspect of the cord on both T1- and T2-weighted images. These flow voids can simulate a vascular malformation. When the lesions are solid, extensive surrounding edema is usually demonstrated. The edema may extend far beyond the solid tumor and may in part be due to venous congestion or arteriovenous shunting. An extensive syrinx (a cystic cavity within the spinal cord)—and/or syringohydromyelia (intramedullary fluid that dissects into the surrounding white matter forming a cystic cavity or syrinx)—is another typical associated finding. The syringohydromyelia is always found to have a relatively large size as compared with the size of the intramedullary tumor. Symptomatic small hemangioblastomas can have relatively large associated syringes, whereas asymptomatic ones usually do not.

Spinal DSA plays an important role in surgical planning prior to a hemangioblastoma resection, especially when the lesion is large or extremely hypervascular. Spinal DSA often demonstrates enlarged feeding arteries, early draining veins, and intense nodular stains. The findings help differentiate the hemangioblastoma from other pathological entities, such as an ependymoma or a vascular malformation. As such, a highly vascular mass with dense prolonged blush and prominent draining veins are the typical features of hemangioblastoma noted in DSA (Fig. 6).

Differential Diagnosis

The clinical features and unenhanced MRI appearance of intramedullary hemangioblastoma and ependymoma are similar. Large, exophytic intramedullary hemangioblastomas, and the less common extramedullary hemangioblastomas, may mimic nerve sheath tumors on images. Ependymoma and nerve sheath tumors (Fig. 1) can be ruled out by the vascular markings in MRI and tumor vessels on angiography. As for vascular lesions of the spinal canal, arteriovenous malformations and renal cell carcinoma should be carefully differentiated. Intradural perimedullary fistulas are usually located in the thoracolumbar region and are characterized by a single shunt without a nidus between the spinal artery and the spinal vein. Dural arteriovenous fistulas usually have a small nidus situated in the dural sac in the intervertebral foramen that is fed by radicular arteries. Spinal cord vascular malformations are rarely accompanied by syringohydromyelia and solid enhancement on MRI. As for renal cell carcinoma, it can probably be ruled out on the basis of preoperative imaging.

Paraganglioma

Prevalence

Paragangliomas, also called chemodectomas and glomus tumors, represent extraadrenal neuroendocrine tumors originating from the autonomic nervous system. Paraganglioma in the spinal canal, believed to be rare, is predominantly of the sympathetic type. The first description of a paraganglioma of the filum terminale was published in 1970 by Miller and Torack. The lesion was initially misdiagnosed as a secretory ependymoma. In 1972, Lerman et al. reported a ganglioneuroma-paraganglioma, using present terminology, of the filum terminale.

According to the literature, spinal paragangliomas are found more frequently in the intradural extramedullary compartment and have a high affinity for the cauda equina or filum terminale. Less common sites include cervical and thoracic regions. Vertebral, extradural, and intramedullary sites of origin are much less common. Paragangliomas are more commonly encountered in patients of 50–60 years of age. These tumors are extremely rare in childhood.

Clinical Presentation

The clinical presentation of patients with spinal paraganglioma is largely nonspecific, and signs and symptoms are always due to spinal cord or nerve root compression.
As for tumors of the cauda equina or filum terminale, the most common symptoms on presentation are lower back pain and sciatica with a mean duration of 4 years. Sensory or motor deficits have been noticed in 35% of cases. Sphincter dysfunction is rare. Paraplegia, numbness, and back tenderness have been reported.

Paragangliomas, unlike adrenal pheochromocytomas, are nonchromaffin and rarely produce catecholamine. Thus, systematic manifestations (weight loss, hypertension, flushing, sweating, tremors, tachycardia, nausea, vomiting, etc.) are seldom seen in patients with primary spinal paraganglioma.

Pathological Characteristics

On gross examination, paragangliomas are soft, encapsulated, rose-red to brown colored masses that may be slightly hemorrhagic (Fig. 8a). Prominent vascularity in the form of numerous feeding arteries is common. They are typically oval to sausage shaped and are attached to either the filum terminale or less often to a caudal nerve root. Microscopically, paragangliomas have a biphasic histological pattern composed of chief cells and sustentacular (supporting) cells. The most common feature is a uniform population of small, round, polyhedral, cuboidal to cylindrical, or columnar cells, which form compact nests known as “zellballen,” surrounded by dense connective tissue containing a delicate and extensive network of endothelium-lined vessels (Fig. 8b). A fibrous capsule is a common finding, correlating with a decreased rate of recurrence. Recurrence is much more common in unencapsulated paragangliomas.

The characteristic immunohistochemical profile is a positive staining for various endocrine markers, including NSE (neuron-specific enolase), synaptophysin, chromogranin, S-100, and GFAP (glial fibrillary acidic protein).
Imaging Features

Radiographically, paragangliomas are fairly nonspecific. Findings on plain radiographs and CT scans include bone erosion (scalloping), widened interpedicular distance, flattening of the pedicles, and concave deformity of the dorsal margin of lumbar vertebral bodies, which are signs of a slowly growing lesion. Scoliosis and spondylolisthesis have been reported sporadically. On CT images, paragangliomas appear as isodense masses with homogeneous enhancement due to their rich vascularization. Although the myelographic findings are nonspecific, complete block or serpiginous defects are commonly observed.

On MRI, paragangliomas are isointense on T1-weighted sequences and hyperintense on T2-weighted sequences relative to the spinal cord. After gadolinium administration, there is an intense homogeneous enhancement. A hypointense rim (cap sign) is usually seen on T2-weighted images, which is suggestive of an intradural well-encapsulated tumor and is attributed to the paramagnetic effect of hemosiderin or ferritin from previous hemorrhages (Fig. 9). A characteristic “salt-and-pepper” appearance on T2-weighted images is common in neck and skull base paragangliomas. This appearance is attributed to the hypervascularity of these lesions, which results in punctuate areas of flow void interspersed in a matrix of increased signal intensity caused by slow flow and tumor cells. Serpiginous flow void along the surface and within the tumor nodule is a frequent feature attributed to the hypervascularity of the lesion or to the congested veins, which are compressed by the mass (Fig. 10). Nonetheless, small tumors tend not to show the flow void phenomenon. Associated syringohydromyelia has been reported.

Angiographic images reveal an intense early blush that persists well into the arterial and venous phases, helping to differentiate paragangliomas from arteriovenous shunts.

Differential Diagnosis

The specific preoperative diagnosis of paragangliomas is almost impossible, unless the presence of systematic manifestations leads to the detection of high urinary levels of biogenic amines or their metabolites. If history can exclude a metastasis, the differential diagnosis is mainly focused on ependymoma, schwannoma (Fig. 1), and hemangioblastoma. However, differentiation of paranganglio-
mas from these tumors by imaging techniques is frequently quite difficult because of considerable overlap in their imaging findings.

Meningioma

Prevalence

Spinal meningioma accounts for approximately 25%–46% of primary spinal tumors, secondary only to nerve sheath tumors in frequency. There is a female predominance of 3–4:1. These tumors are extremely rare in children. The age of patients at presentation ranges mostly between 40 and 70 years with a peak between the 5th and 6th decades. Most spinal meningiomas (90%) are intradural extramedullary; only 10% are extradural or dumbbell tumors. Occurrence of spinal meningioma in the intramedullary compartment is extremely rare. Approximately 80% of spinal meningiomas are found in the thoracic region, with less common involvement of the cervical (15%) and lumbar (5%) segments. In men, however, 50% are in the thoracic region and another 40% are cervical. Most spinal meningiomas are located posterolaterally in the thoracic region and anteriorly in the cervical region.

Clinical Presentation

Spinal meningiomas are slow-growing tumors that produce signs and symptoms through progressive compression of the spinal cord and adjacent nerve root. Pain is the most common symptom, with radicular, funicular, or localized back pain being predominant. Significant weakness (paresis or paralysis) and sensory loss (hypoesthesia, paresthesia or anesthesia) are the next most common symptoms.
Menigiomas are usually solitary lesions. Multiple meningiomas are always associated with multiple inherited schwannomas meningiomas and ependymomas (MISME) syndrome. Similar to their intracranial counterparts, spinal meningiomas comprise 15 histological subtypes, with the majority being meningothelial or psammomatous in type. Most spinal meningiomas are benign tumors (WHO Grade I); however, rare histological variants, namely clear cell and choroid meningioma (WHO Grade II) and anaplastic (WHO Grade III), have a significantly higher risk of local recurrence and aggressive biological behavior. Benign meningiomas are round, bosselated, or lobulated well-demarcated dural-based nodules (Fig. 11a). Depending on their collagen content, the consistency of these tumors ranges from rubbery to firm. Histologically, psammomatous meningioma is the most prevalent benign spinal biotype, followed by meningothelial and transitional (Fig. 11b). When compared with intracranial meningiomas, spinal meningiomas embody distinct patterns of gene expression and genetic abnormalities, such as a higher predominance of single tumor cell clones (monosomy 22).

Imaging Features

Unlike intracranial meningiomas, spinal meningiomas may not be associated with secondary osseous changes. Foraminal widening and pedicular erosion may occasionally be present. The tumor may be calcified, and heavy calcification may be seen.

Most spinal meningiomas are well delineated. On T1-weighted imaging, most tumors tend to be iso- to hypointense relative to the spinal cord. These lesions are slightly hyperintense on T2-weighted images (Fig. 12). Calcification results in low T1- and low T2-weighted signal intensity. Intense enhancement is immediate and homogeneous after contrast administration, except for calcified areas. In addition, there may be an associated thin region of enhancement that is contiguous with the dura mater; this
has been called a “dural tail” sign (Fig. 12c). A syrinx can occur in rare cases of intramedullary meningiomas.81

The angiographic characteristics of spinal meningiomas are similar to those of intracranial meningiomas, with an important feature being the long duration of the tumor stain persisting into the venous phase.88 Pseudo-continuous arterial spin labeling (PCASL) represents a novel imaging technique reported useful in reliably assessing meningioma vascularity and tumor blood flow.51

Differential Diagnosis

The differential diagnosis on the basis of imaging characteristics includes schwannoma, neurofibroma, and metastasis. De Verdelhan et al.28 suggested that a diagnosis of schwannoma should be favored over meningioma when a cervical or thoracic intradural extramedullary tumor shows hyperintensity on T2-weighted images or intense enhancement without a dural tail sign. Lack of foraminal extension favors a diagnosis of meningioma over a diagnosis of schwannoma or neurofibroma. The latter 2 lesions usually demonstrate higher signal intensity on T2-weighted images, cystic changes, and inhomogeneous enhancement (Fig. 1). As for intramedullary meningiomas, astrocytomas and ependymomas are also included in the differential diagnosis, because they also tend to exhibit T1-weighted signal hypointensity, T2-weighted signal hyperintensity, and variable enhancement with gadolinium.

Neurosurgical Management of Vascular Intraspinal Tumors

In keeping with the general principles of surgical oncology, maximal safe tumor resection should be the primary objective for the treatment of vascular intraspinal tumors. Thus, adequate preoperative planning and intraoperative neurophysiological monitoring is paramount for maximizing tumor resection and minimizing neurological morbidity. A 50% decline in the amplitude of the motor evoked potentials represents an indication of a new, permanent postoperative deficit. In contrast, although sensory potentials may decrease in amplitude or disappear after a midline myelotomy, they do not predict postoperative motor function.67,80

After a standard midline incision with subperiosteal bony dissection, a laminectomy should be performed at least 1 segment below and above the tumor for optimal visualization. For intramedullary tumors, after the dura mater is exposed, intraoperative ultrasonography can be used
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The degree of complete surgical removal is highly influenced by the plane between the tumor and the spinal cord. This interface can be accurately assessed following adequate myelotomy. When the tumor–spinal cord interface is not well visualized despite a myelotomy extending over the entire rostrocaudal extent of the tumor, preservation of

FIG. 9. Paraganglioma in a 38-year-old female patient with a 6-week history of progressive cauda equina syndrome. Sagittal T1-weighted image shows an intradural mass lesion (a, white arrow) with heterogeneous enhancement (b, white arrow) after contrast agent administration. T2-weighted image shows hypointense rim (cap sign) of the mass (c, black arrowheads). Reproduced from Springer Surgical Neuroangiography. Vol. 2. Clinical and Endovascular Treatment Aspects in Adults, 2nd ed, New York: Springer-Verlag, 2004, pp 873-911, Ch. 13, Tumors of the spinal column and spinal cord, Berenstein et al., Fig. 13.25, with kind permission from Springer Science and Business Media.

FIG. 10. Paraganglioma of the cauda equina in a 36-year-old female patient with back and lower-extremity pain. The sagittal T2-weighted image (a) shows a large hyperintense lesion (white arrow) occupying the spinal canal. The sagittal T1-weighted image obtained after administration of contrast medium (b) reveals intense homogeneous enhancement (white arrow). Multiple curvilinear flow-voids/vessels (a and b, white arrowheads) are seen at the surface of the lower spinal cord and the conus. Contrast-enhanced MRA (c) and MIP images (d) demonstrate the tumor with a lumbar radicular artery supply (white arrows) and prominent perimedullary veins (white arrowheads).
Vascular intraspinal tumors

the spinal cord tissue, rather than gross-total resection, is recommended. A clear demarcation between tumor and normal spinal cord tissue depends on the type of tumor. Benign tumors, such as ependymomas and hemangioblastomas, are noninfiltrative lesions with a distinct plane because they are encapsulated. Similarly, unlike intracranial meningiomas, spinal meningiomas do not penetrate the pia mater. The presence of an “intermediate leptomeningeal layer” between the pia and the arachnoid simplifies the resection. Most spinal hemangioblastomas arise from the dorsal part of the spinal cord, and excising the pial attachment facilitates their resection.

Intraoperative hemorrhage from vascular intraspinal tumors can obscure the operative fields and consequently limit gross-total resection. Although endovascular embolization can reduce intraoperative blood loss, it is for the most part not routinely performed, as complications were previously reported, including spinal cord swelling, massive venous bleeding, intratumoral hemorrhage, and spinal cord ischemia. Temporary arterial occlusion (TAO) by aneurysm clip placement with concurrent neuromonitoring is a microsurgical technique that helps to differentiate the arteries supplying the tumor from those supplying the healthy spinal cord. To our knowledge, no randomized studies exist comparing the resection of nonmetastatic vascular intraspinal tumors with or without preoperative embolization. Nonetheless, several studies reported preoperative endovascular embolization as a safe technique. It decreased intraoperative hemorrhage and caused tumor shrinkage. In addition, the avascular tumor increased the cleavage plane and permitted easier manipulation and resection.

En bloc resection is another technique reported to significantly reduce the blood loss that occurs despite preoperative embolization. Wu et al. reported that the blood loss during en bloc resection of intraspinal angiomatous meningiomas was significantly less (mean 150 ± 55 ml, range 100–400 ml) than in piecemeal resection (mean 475 ± 83 ml, range 400–600 ml). In another review, following the preoperative embolization of 18 hypervascular intraspinal tumors, the estimated blood loss during the surgical procedure ranged between 200 and 6000 ml, with an average of 1100 ml.

Although there is no consensus in terms of the need for preoperative embolization of vascular intraspinal tumors, this technique seems to safely decrease the intraoperative hemorrhage.
risk of hemorrhage, allowing a more aggressive circumferential dissection and en bloc removal of the lesion. The indications, contraindications, and different embolization techniques are addressed below.

**Preoperative Embolization of Vascular Intraspinal Tumors**

For most vascular intraspinal tumors, en bloc surgical resection represents the definitive treatment. Nonetheless, vascular intraspinal tumors can be particularly difficult to operate on because of the hemorrhage that may occur during resection. Several reports have suggested that preoperative embolization of vascular intraspinal tumors is a safe procedure and that it can facilitate surgical resection while reducing the intraoperative blood loss and promoting an unimpeded view of the surgical field by decreasing the size of the lesion. Preoperative endovascular embolization of vascular intraspinal tumors primarily facilitates resection and secondarily reduces the mortality and morbidity associated with spinal tumors.

**Indications and Contraindications for Preoperative Embolization**

The use of endovascular therapy in the management of vascular intraspinal tumors has gradually evolved since the 1970s. In 2001, guidelines regarding head, neck, and brain tumor embolization were published by American Society of Interventional and Therapeutic Neuroradiology. The prerequisite for preoperative tumor embolization is a vascular mass. Eight criteria were set as indications for central nervous system tumor embolization: 1) to control surgically inaccessible arterial feeders, 2) to decrease surgical morbidity by reducing operative blood loss, 3) to shorten operative procedural time, 4) to increase the chances of complete resection, 5) to decrease the risk of damage to the adjacent normal tissue, 6) to relieve intractable pain, 7) to decrease tumor recurrence, and 8) to allow better visualization of the surgical field by causing tumor necrosis and shrinkage. Many investigators have reported that preoperative endovascular embolization of vascular intraspinal tumors primarily facilitates resection and secondarily reduces the mortality and morbidity associated with resection, improving the clinical outcome.

The presence of a radiculomedullary artery in close proximity to or from the same pedicle as the tumor-feeding arteries is considered a contraindication to embolization, as an inadvertent occlusion of spinal arteries may occur. In addition, arteriovenous shunting within the tumor, visualization of a radiculomedullary artery via intersegmental anastomoses, uncorrectable coagulopathy, and renal failure represent relative contraindications to intraspinal tumor embolization.

**Types of Embolic Agents**

The embolic agents are classified into 3 categories: mechanical devices, particulate agents, and liquid agents.

- **Mechanical devices**, including balloons and coils, are permanent embolic agents and can be used to occlude large vessels. In the setting of tumor embolization, coils can be used to reduce blood flow in large vessels or in vessels with potentially dangerous collateral anastomoses in order to allow embolization with another substance. Unlike particles, they do not have the potential for peripheral dissemination. However, Berkefeld et al. found that coils were less efficacious for decreasing operative blood loss in spinal cord tumors compared with polyvinyl alcohol (PVA) particles with or without coils.

- **Particulate agents** include N-butyl cyanoacrylate (NBCA), gelatin pledgets (Gelfoam), and autologous blood clot. Particulate agents are inert and water insoluble and can expand inside feeding vessels to promote occlusion. Compared with use of liquid agents, particle embolization is technically less challenging to perform. The particulate agents are radiolucent, and contrast solution is required to indirectly visualize the extent of embolization and for careful monitoring for contrast reflux along the microcatheter, signaling completed embolization. Embolization with particulate agents is temporary, as they often dissipate over time, thereby allowing recanalization of the vessels feeding the tumor. Because particulate agents have a high friction coefficient, they have a proclivity to clog catheters.

- **Liquid agents** are a water-insoluble, sterile, hemostatic compressed sponge derived from purified porcine skin gelatin and capable of absorbing up to 45 times its weight of whole blood. In its powdered form, which is no longer commercially available, the small size of the particles caused inadvertent small-vessel occlusion. In the sponge form, when cut into pieces of the desired size and injected though a sizable microcatheter using a contrast agent, it causes a temporary occlusion that is ideal for vascular ligation. It is degraded by enzymes, with subsequent recanalization starting between 7 and 10 days. Therefore, when absorbable gelatin is exclusively used for preoperative embolization, it is recommended that surgery be performed within 24–48 hours to prevent recanalization.

PVA particles are commonly used for distal embolization to occlude tumor vessels proximal to or at the capillary bed. The particle size ranges from 45 to 500 μm. PVA can incite an in situ inflammatory response that facilitates vessel occlusion. Embolization with PVA can degrade over time, leading to recanalization of feeding vessels. Better occlusion can be achieved by the deep penetration of small particles, but the risk of inadvertent embolization of normal vessels, in particular the sulco-commissural arteries, and leakage into the pulmonary tissue is higher than with large particles. In contrast, large particles have a lower risk of inadvertent embolization of normal vessels but do not penetrate the tumor tissue as deeply as small ones. Overly large particles can produce ineffective proximal occlusion and damage to the spinal cord.

N-butyl cyanoacrylate (NBCA) is a highly occlusive and permanent liquid embolization agent that can be injected through an extremely soft and flexible microcatheter, allowing a distal or superselective injection if desired. Its radiographic visibility depends on the choice of concentration of the radiopaque material (ethiodized oil and/or tantalum powder) in the solution prior to injection in the feeder. The NBCA or “glue” can be injected deep inside the tumor nidus and into specific casts to occlude the...
feeding arteries (Figs. 5 and 14). NBCA-embolized arteries also have the added protection of permanent vessel occlusion. The disadvantages of NBCA include its relatively high cost, the prerequisite for experience and expertise in its handling, and the need for a new microcatheterization step with each branch vessel injection.38,48,99

Onyx is a liquid nonadhesive mixture of ethylene vinyl alcohol and metrizamide dissolved in dimethyl sulfoxide. Upon contact with blood, dimethyl sulfoxide diffuses rapidly, thereby forming an ethylene vinyl alcohol copolymer and thus mechanically occluding the feeding vessels.37,38,70,87,99 One retrospective case review involving patients with hypervascular extradural spinal tumors undergoing off-label transarterial Onyx embolization reported some advantages.36 Because of its diffusion properties, Onyx may occlude multiple arterial feeders in 1 injection. However, compared with NBCA, Onyx is less visible and offers a relatively higher risk of reflux that can cause in-

FIG. 13. Paraganglioma of the filum terminale in a 52-year-old female patient with bilateral papilledema and sciatica. Sagittal T2-weighted (a) and contrast-enhanced sagittal (b) and coronal (c) T1-weighted images show a large tumor (black asterisks) filling the spinal canal, with serpentine flow-voids/vessels (a and b, white arrowheads). Pre-embolization angiography of the right T-11 intercostal artery (d) reveals a vascular tumor (white asterisk) mainly vascularized by the artery of the filum terminale (black arrows) arising from the radiculomedullary artery of the lumbar enlargement. Left T-10 intercostal artery angiography (e) reveals the upper portion of the tumor blush (white asterisk) fed by the radiculopial artery (black arrows). A follow-up right T-11 intercostal artery angiogram obtained after NBCA injection into the main feeder of the filum terminale below the basket via the anterior spinal axis (f) confirms devascularization of the lower compartment of the lesion. The upper compartment of the tumor was embolized with particles injected via the radiculopial artery from the left T-10 intercostal artery. A significant devascularization of the tumor was achieved (g). Panels b, d, and f are reproduced from Springer Neuroradiology 50:145–151. Embolization of intradural vascular spinal cord tumors, Rodesch et al., Fig. 2, with kind permission from Springer Science and Business Media.
jury to the radiculomedullary arteries. In addition, due to the need of a relatively stiffer microcatheter for Onyx injection, superselective/distal catheterization may be unachievable. In addition, Onyx embolization requires prolonged fluoroscopy and procedure times.

Choice of Embolic Agent

The choice of the optimal embolic agent depends on hemodynamic and angioarchitecture factors, on the desired properties of the embolic agent, and on the experience of the operator. Other considerations when choosing the embolic agent include the need for a permanent vascular occlusion, the feasibility for selective or superselective delivery of an embolic agent via a microcatheter, the safety of the reflux zone, the desired radio-opacity for visualization and pliability for ease of surgical handling, the immunological inactivity, and the lack of toxicity.

Particulate agents are the most frequently used embolic agents. The choice of the size of the particulate agents is made in relation to the size of the arteries to be occluded. In all cases, the particles used should be larger than the diameter of the normal vessels surrounding the tumor.

Recently, NBCA and Onyx have been adopted by more authors. Some authors consider NBCA their embolic agent choice since it offers a safer alternative to PVA if the injection can be mastered properly into the tumor’s capillary bed. These authors described a surgical preference for NBCA embolization over PVA embolization because the tumor feeders that contain liquid adhesive were easily identified and dissected in surgery. If minor hemorrhage occurs around the cast of NBCA, some NBCA can be expressed from the end of the artery so that the vessel can hold bipolar coagulation or a clip. Gore et al. emphasized some of the advantages of using Onyx, including fewer arterial catheterizations and the possibility of less chance of catheter adherence.

Endovascular Embolization Technique

Embolization is usually conducted under general anesthesia to prevent the patient from moving during the procedure. Provocative testing using lidocaine or amytal are unreliable for the prediction of neurological deficits, because in the pre-embolization phase the blood flow is directed to the hypervascular tumor. Thus, careful angiographic analysis and clinical monitoring using somatosensory evoked potentials and electroencephalography are the main instruments to ensure the safety of the procedure.

The embolization technique includes the standard catheterization and infusion of the embolic agent into the feeding arteries via the catheter. Safe embolization requires exclusive occlusion of the pathological vessels with optimal catheterization being performed as superselectively into the tumor feeder as possible. When superselective catheterization is difficult or impossible, “preferential” or “redirection” techniques, described as the embolization of normal vessels distal to the tumor feeder using gelatin pledgets or coils, may be used to ensure that the blood with the embolic agent flows toward the feeders. Coils are, for the most part, ineffective devices for direct tumor embolization because they occlude only the
proximal vessels. Moreover, in cases of tumor recurrence requiring a second embolization, coils could block the vascular access needed to perform those interventions.

PVA has to be injected slowly to avoid dangerous reflux into normal branches. Wedged catheterization should be avoided as the injection of particulate agents carries the risk of rupture of the tumor or contamination of the intrinsic spinal cord vasculature. Onyx also should be injected slowly to avoid severe arterial injury from inflammation, endothelial necrosis, and vasospasm. Injection of NBCA must be performed quickly and continuously to decrease the risks of gluing a microcatheter within the cast and of avulsing the feeding artery when the catheter is removed. The reported criteria for ending the endovascular session are the same as in particle embolization of a spinal arteriovenous malformation: 1) appearance of anterior spinal artery branches of the same or larger caliber as the nidus to be embolized and 2) change in the flow pattern (i.e., slower filling of the nidus with faster filling of branches feeding normal structures). Repeated control angiography of potential feeding arteries at the completion of embolization is needed to fully assess the degree of devascularization achieved. Short-duration, anesthesiologist-controlled apnea can be used during critical angiographic runs to reduce motion artifacts.

The timing of preoperative embolization is also an important technical consideration. Authors differ with respect to the optimal timing for surgery after embolization. Ozkan et al. suggested that surgery should ideally be performed within 24 hours of embolization to minimize the potential for tumor revascularization via collaterals. In routine practice, tumor embolization, when performed on an elective basis, is often planned 1–4 days before surgery. Other authors have recommended delayed surgery to permit a tumor to soften from massive necrosis and shrink. Jungling et al. reported that necrosis of meningioma after embolization began within 24 hours and might peak at 4 days, as seen by MRS. They suggested that surgery could be performed after this period. An observational study suggested that the greatest tumor softening was seen 7–9 days after embolization, facilitating surgical resection. Chun et al. reported that intraoperative blood loss was less for a group of patients who underwent delayed surgery (2–7 days after embolization) than for a group that underwent immediate surgery (within 24 hours after embolization). These different recommendations on the timing of surgery after embolization might depend on the embolic material used. An early surgical intervention can decrease the risk of tumor revascularization and collateral vessel formation. As the utilization of liquid agents greatly reduces risk of recanalization, some authors have advocated a delayed surgery to permit tumor necrosis that can facilitate resection. However, the optimal timing for surgery after embolization remains an area of debate and requires future clinical investigation.

**Procedure-Related Complications**

The most common complications after embolization are intratumoral hemorrhage and tumoral edema. Spinal cord ischemia due to inadvertent vessel embolization of unrecognized radiculomedullary arteries is a devastating possible complication. Other reported complications have included pain, and subarachnoid, peritumoral hemorrhage. A difficult microcatheter retrieval or breakage may occur during the procedure if NBCA or Onyx is used.

Cornelius et al. summarized several studies on preoperative embolization and reported an embolization-related complication rate of 5.6% in patients with spinal hemangioblastomas. Shi et al. reported no complications after embolization in 18 cases of vascular spinal tumors. Other authors reported that no permanent complication occurred after embolization. For the practice of preoperative embolization in meningioma, the documented procedure-related complications for intracranial meningioma range from 2.5% to 6.5%. Cornelius et al. and Montano et al. evaluated the outcome of embolization for patients with hemangioblastomas in different locations and concluded that the outcome was favorable in patients with spinal cord hemangioblastomas, whereas those with a tumor in the cerebellum were at a relatively higher risk of embolization-related rupture. Acute tumor bleeding and death occurred in all of the latter cases. The authors speculated that the cerebellar hemangioblastomas had larger capillaries that allowed particles to occlude the venous sector, leading to their rupture. This hypothesis that the tumoral hemorrhage was due to obstruction of the venous outflow was reinforced by histological analysis. Given these pathophysiology changes, some investigators suggested that graduated increases in particle size during the embolization might be helpful in diminishing the risk of hemorrhage by offering protection to the friable, distal tumor vessels.

Dissolution of clumped particulate agents and resolution of vasospasm may result in early recanalization and reperfusion of ischemic and leaky vascular beds, contributing to edema and swelling. Intravenous steroids could be administered to decrease the occurrence rate of tumor swelling. It is also believed that with the improvement of techniques and better understanding of the angiographic microanatomy, the complication occurrence rate could be effectively decreased.

Because of the deep penetration of liquid embolic agents, concerns have been raised that these might be associated with a relatively higher risk of complications such as spinal cord infarctions and inadvertent embolization of normal vessels. In a study by Kim et al., the inadvertent embolization rate in NBCA embolization was 3%, which is consistent with the previously reported rate after particle embolization. Gore et al. reported no complication as a direct result of Onyx embolization. However, it should be noted that the potential risks of serious complications exist with the Onyx embolization procedure.

**Summary**

A variety of imaging techniques are available for the diagnosis and the evaluation of vascular intraspinal tumors, among which MRI and angiography are the most helpful modalities. Common types of vascular intraspinal tumors, including hemangioblastoma, paraganglioma, and meningioma, have specific imaging features related to their hypervascularity. An accurate diagnosis with appropriate
imaging modalities can facilitate the treatment strategies used. The preoperative embolization of vascular intraspinal tumors has been proven to facilitate the surgical procedure by decreasing blood loss, shortening the operation time, reducing the surgical morbidity, and increasing the chance of complete resection of the lesion. The optimal timing for surgery after embolization is still an area of debate. Complications can be prevented using a cautious surgical technique with careful analysis of the pre-embolization angiograms. This is essential to identify and protect the radiculomedullary arteries while aiming for complete resection.

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