Minimally invasive lumbar foraminotomy

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Lumbar radiculopathy is a common problem. Nerve root compression can occur at different places along a nerve root's course including in the foramina. Minimal invasive approaches allow easier exposure of the lateral foramina and decompression of the nerve root in the foramina. This video demonstrates a minimally invasive approach to decompress the lumbar nerve root in the foramina with a lateral to medial decompression.

The video can be found here: <http://youtu.be/jqa61HSpzIA>.

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KEY WORDS • **minimally invasive** • **lumbar foraminotomy** •
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