There is no agreed-upon neuroimaging strategy to diagnose concussion. The diagnosis of concussion, which is also called MTBI, is based on patient symptom self-report and neuropsychological testing as the basis for medical decisions and treatment. A significant percentage of patients with concussion have no abnormal findings on CT or MRI studies of the brain. The absence of a formal, objective neuroimaging tool to diagnose concussion reliably is a major impediment in the field.

Abbreviations used in this paper: EP = evoked potential; ERP = event-related potential; MEG = magnetoencephalography; MTBI = mild traumatic brain injury.

Magnetoencephalography shows promise for the assessment of neurophysiological derangements in neurological disorders, including TBI. This promise arises from the noninvasiveness and harmlessness of the method, its high temporal resolution, and the interpretation of results as measures of localized neurophysiological function. These properties have given hope for the development of reliable functional neuroimaging measures with which to demonstrate the mechanisms underlying the neuropsychological consequences of concussion. Resting MEG measures have previously enabled identification of approximately 60% of patients with concussions. A recent study demonstrated 85% classification accuracy.

We have developed a novel MEG-based neuroimaging strategy to provide objective, noninvasive, diagnostic information in neurological disorders. In the current study the authors demonstrate a novel task protocol and then assess MEG virtual recordings obtained during task performance as a diagnostic tool for concussion.
aging paradigm to provide objective, noninvasive, diagnostic neurophysiological data. In the current study, we report pilot findings obtained using MEG virtual recording as a diagnostic tool to evaluate the ability of MEG to identify individuals with concussion from healthy control volunteers. This was accomplished by asking participants to perform a task and evaluating how the magnetoencephalographic signature differs in individuals with concussion.

Methods

Patient Demographic Data

Under University of Pittsburgh Institutional Review Board approval, 10 participants (5 control volunteers and 5 patients with recent [< 4 months] concussion) were enrolled in this pilot study (Table 1). All participants were right-handed and were cognitively and neurologically normal, with no prior admission for head injury. Diagnosis of concussion was based on the patient’s history and either neuropsychological testing (2 patients) or evidence of traumatic hemorrhage on head CT scans (3 patients). The control group consisted of volunteers from the general university population. Written informed consent was obtained, after which all participants underwent MEG evaluation. Either MRI (when available) or CT (1 of 10 volunteers) studies were used for anatomical localization.

Task Presentation and MEG Recordings

All participants (patients with MTBI and healthy control volunteers) were assessed using the task schematized in Fig. 1 with MEG recordings. The MEG recordings were acquired at the University of Pittsburgh Medical Center Brain Mapping Center with a 306-channel sensor array (Neuromag VectorView, Elekta AB) in a magnetically shielded room (Imdeco). The data sampling rate was 1000 Hz, with front-end high- and low-pass filter settings of 0.1–330 Hz.

Each trial consisted of a 5-word sentence followed by 3 consecutive test figures to which a rapid response was given; Fig. 1 shows 2 trials in the sequence. The sentences took the form “The blue square is below.” The figures were either a green or blue circle or square that appeared above or below a centered fixation mark. This yielded 8 possible sentences and figures. Each word of the sentence was presented via a self-paced button press with the right index finger. When a test figure did or did not match the sentence, the participant pressed a button with the index finger or middle finger, respectively. Each participant was presented with 320 5-word sentences in 8 blocks of 40 trials each. Each sentence was followed by 3 test figures, for a grand total of 960 test figures. Each block was preceded by a brief rest, followed by task instructions. For each sentence, a 30-msec pause followed the final word before the figure appeared, and a 1000-msec pause followed the response to the third figure before the first word “The” in the next sentence appeared.

The pretest instructions included: “Respond as fast as you can without rushing and making mistakes. But if you think you have made a mistake, don’t worry about it. Just go on.” The instructions preceding each block of 40 trials were as follows: “Ready? Comfortable? Press the button with your index finger to fetch the words of the sentence. And use that same button when the object you are shown is as described in the sentence. If not, use the button under your middle finger.”

Response Time Analysis

Self-paced reading times for each word in the sentence and response times to the test figures were analyzed using ANOVA (BMDP4V, Statistical Solutions, Inc). No significant difference in response time was found between the 2 groups. Each individual’s response time data were normalized to z-scores (mean 0.0, SD 1.0) prior to further analysis. The factors for the ANOVA were defined as follows.

The reading times for the 2nd–5th words were defined as 4 levels of the “Word” factor. The response times for the 3 test figures were defined as 3 levels of the “Target” factor. The blocks were defined as 8 levels of the “Block” factor. This factor was included to capture

<table>
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<th>Group &amp; ID No.</th>
<th>Age (yrs), Sex</th>
<th>Mechanism of Injury</th>
<th>Location</th>
<th>Initial GCS Score</th>
<th>CT/MRI Findings</th>
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<td>15</td>
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</tr>
</tbody>
</table>

* Fx = fracture; GCS = Glasgow Coma Scale; NA = not applicable.
Use of MEG virtual recordings in diagnosis of concussion

For each participant, approximately 100 virtual electrode recording sites were selected from an anatomical scan. Magnetic resonance imaging was used in 9 participants, and CT imaging was used in 1 individual because no MR imaging was available. The virtual electrodes were located in gray matter on a sequence of axial slices 2 cm apart, at least 3 cm from the center of a sphere fit to the shape of the head. Each site was 2–3 cm from its nearest neighbors. Groups of virtual recording sites were divided into 7 pairs of regions. They were 6 left/right: cerebellum, occipitoparietal, temporal, premotor, orbitofrontal, and frontal and 1 anterior/posterior: interhemispheric.

Multiple regression using the uniform conducting spherical forward solution described by Sarvas in 1987 was used to jointly generate the inverse solution filter pairs for the 100+ virtual electrode recording sites. These were then used to generate single trial virtual electrode estimates for 300 msec preceding each button press. Spectral estimates were then obtained for the 6 50-msec time segments (Fig. 1) spanning these 300-msec “virtual recordings” using sine/cosine pairs. These produced estimates of the time course of the equivalent current dipole activity at each of the virtual recording sites. Stepwise linear discriminant analysis (BMDP7M, Statistical Solutions, Inc.) was applied to these estimates to construct a binary rule for identifying whether each epoch was from a concussed or healthy participant. We used 720 epochs from each of 9 participants (6480 epochs total) to construct the rule, and the rule was then applied to all 960 epochs from the 10th participant. This individual was left out of those from whom the classification rule was generated, providing an unbiased test of classification accuracy.

If at least 55% of the epochs were classified correctly (p < 10^-4), the participant was counted as classified correctly. This process was repeated 10 times; for each repetition a different individual was left out when generating the rule. The person who was left out was then classified as either a patient with concussion or a healthy control.

The measures for each epoch were amplitudes of 6 frequency bands (0–10 Hz, 10–30 Hz, …, 90–110 Hz) obtained from the 6 sequential time 50-msec segments immediately preceding the response as described above. These signals were obtained from 7 pairs of brain regions; hence, for each epoch there were 6 frequency bands × 6 time segments × 14 brain regions = 504 measures.

**Results**

**Response Time**

The mean response times for the sentence presentation showed no significant difference between concussed and healthy control volunteers [“Diagnosis” F(1,13677) = 2.97, p = 0.085]. Response times were then normalized to Z-scores (mean 0.0, SD 1.0) for more detailed analysis via ANOVA. Significant main effects (p << 10^-3) were found for “Word” F(3,13677) = 712.57, “Block” F(7,13677) = 236.46, and “wBlock” F(3,13677) = 33.28. The healthy volunteers show no change in response to the 2nd–4th words of the sentence, whereas those with concussion require progressively more time with each word (Fig. 2 left). Both groups show significantly longer times on the final word compared with the previous 3 words, with no difference between the groups. The reduced response times across successive trial blocks (Fig. 2 right) is consistent with learning effects, whereas the minimum response time...
at the 6th block for the concussed versus the 7th block for the healthy volunteers is consistent with a differential fatigue effect for the concussed compared with the healthy individuals. Differences within a block (not shown) may indicate a warm-up effect.

Significant (p << 10\(^{-4}\)) differences were also found between concussed and healthy participants when comparing response times for “Word” \(F(3,13677) = 65.24\) and “Block” \(F(7,13677) = 12.3\). Concussed participants showed a different pattern of response time for word reading when compared with controls. Concussed patients also showed differences in learning/fatigue during presentation blocks (Fig. 2 right). A significant (p << 10\(^{-4}\)) 3-way interaction was found between “Diagnosis,” “Block,” and “wBlock” \(F(21,13677) = 5.63\).

Response times to the figures again showed no significant main effect for “Diagnosis” \(F(1,8835) = 0.01\). Again, ANOVA applied to these data normalized to z-scores showed significant main effects (p << 10\(^{-4}\)) for “Target” \(F(2,8835) = 939.43\), “Block” \(F(7,8835) = 57.41\), and “wBlock” \(F(3,8835) = 4.86\). A significant interaction (p = 0.017) was also found between “Diagnosis” and “Block” \(F(7,8835) = 2.44\), indicating that the concussed participants grew fatigued earlier than healthy volunteers.

The MEG Findings

Figure 3 shows the classification accuracies achieved by rules constructed from different regional subsets of measures. When all brain regions were used, only 35% of the epochs and 4 of the 10 participants were classified correctly. We therefore selected subsets of the brain regions for evaluation to identify which regions related to the pathological effects seen in these concussed participants. Classification accuracy for the individual epochs was used as a basis for combining regions for evaluation. The region with the highest classification accuracy was then combined with each of the other regions sequentially.

Analysis using the occipitoparietal region alone allowed for correct classification of 7 of 10 participants and correct classification of 70% (p << 10\(^{-10}\)) of the single-trial data. As shown in the figure, no other single region produced significant classification accuracy.

The occipitoparietal region was then paired with each of the other regions. Single-trial classification accuracy was > 55% (p < 10\(^{-4}\)) for all pairings. All pairings except for the occipitoparietal/temporal produced a slight degradation in single-trial classification accuracy. The occipitoparietal/temporal pairing produced correct classification of 70% of trials (p << 10\(^{-10}\)) and 8 of 10 participants (p = 0.055).

Discussion

The diagnosis of concussion is often difficult because symptoms may be vague or consistent with other diagnoses such as posttraumatic stress disorder. The onset of symptoms is variable and may be immediate, or symptoms may present weeks to months postinjury.\(^4\) A
broad definition of concussion provided by the Centers for Disease Control and Prevention’s MTBI Working Group includes all head injuries arising from blunt trauma or acceleration or deceleration forces with signs and symptoms of neurological dysfunction. These derangements include confusion, amnesia, loss of consciousness, and/or focal neurological/neuropsychological deficits. A Glasgow Coma Scale score of 13–15 classifies the injury as mild.

Once the diagnosis of concussion has been made, management approaches may be instituted. In the acute period this includes accurate documentation of the patient’s symptomatology, and this may be done in the form of symptom inventory or complex neuropsychological evaluations. For sports-related concussion, many such tools have been validated and are available for use. This information is useful for comparison with later evaluation to assess the effects of treatment.

Neurophysiological Testing and Concussion

Evidence of electrophysiological differences following concussion has been evaluated in the past. Gaetz and Weinberg examined patients postconcussion with a variety of EP and ERP assessment tools. The authors found that the group of patients who reported postconcussive symptoms had a higher percentage of individuals with responses that exceeded 2.5 SDs from the mean of the norm. Using a chi-square analysis, the authors showed a statistically significant relationship between the presence of postconcussion symptoms and values for EPs and ERPs outside of the normal range.

In follow-up work to the aforementioned study, Gaetz et al. examined the effects of multiple concussions by dividing 60 junior hockey players into groups based on the number of concussions they had suffered. Again the authors used EP and ERP testing in the evaluation of their players. They found that athletes suffering ≥ 3 concussions had significantly longer P3 latencies as measured by an N2/P3 paradigm using visual stimulus presentation. The P3 latency was also significantly correlated to postconcussion symptom self-reporting.

More recently, Gosselin et al. evaluated 20 athletes who had suffered a concussion and 10 control volunteers. These authors divided the participants with TBI into groups of 10 based on the presence or absence of postconcussive symptoms based on the Post-Concussion Symptom Scale. All athletes were evaluated using a modified auditory oddball paradigm that presents a dichotic sequence of standard and deviant tones. The authors found that athletes with concussions showed a reduction in amplitude of both early and late ERP components regardless of the presence of symptoms.
Magnetoencephalography and Concussion

The use of MEG to study concussion is not novel. Lewine and colleagues9,10 evaluated 30 patients with post-concussive symptoms (> 1 year) with multimodal neuro-imaging and neuropsychological evaluations. The MEG data were collected in a passive manner, with patients resting quietly with their eyes closed. The MEG study was found to be more sensitive in detecting abnormalities than SPECT or anatomical MRI. In addition, MEG was more specific for identifying patients with cognitive deficits.

The work by Lewine and coworkers9,10 was followed by a report from Huang and colleagues7, who examined 10 concussed patients with MEG and diffusion tensor MRI. The MEG evaluations revealed several areas of slow wave activity in the concussed patients that was not found in noninjured controls. Interestingly, anatomical correlates for this slow wave activity were found on the diffusion tensor images, suggesting deafferentation of the areas that exhibited slow wave activity. Similar to the previous study, MEG data were collected with patients resting quietly. A limitation of passive collection of MEG data is that many patients with concussion may show no abnormalities at rest.

Conversely, neuropsychological behavioral measures, for example reaction time and accuracy, are quite sensitive to concussion. The MEG methodology applied in this study provides more detailed neurophysiological measures with comparable temporal resolution and with 1- to 3-cm spatial resolution.

The purpose of this study was to evaluate the utility of MEG during task performance to evaluate the effects of injury on performance and localized brain function. This was accomplished by first presenting participants with a task and determining how the brain performed that task. Comparison of task performance between healthy control and concussed volunteers allows for elucidation of the effects of injury. This approach differs from the previous studies in which MEG data was recorded passively.

The task used in this investigation yielded significant differences in response time profiles between the healthy and concussed groups and on the MEG variables, in spite of the fact that the task yielded no group differences from the group response times alone. It is noteworthy that the MEG measures from all brain regions yielded correct classification of individuals in only 35% of the epochs and in 4 of the 10 participants. We hypothesize that this poor classification accuracy was due to the presence of information within each epoch’s measures to enable group classification based on features that have nothing to do with concussion per se. This is plausible given the small group sizes from which the rules were constructed.

From this analysis we set out to evaluate various combinations of regions and to limit the inclusion of information not related to brain injury. To test this and to search for potential loci of concussion, the rule construction and classification was repeated using the variables from one region at a time. The occipitoparietal region produced the highest individual region classification accuracy, and was the only single region to produce significant results.

To search further, the occipitoparietal region was paired with each of the other regions. Only in combination with the temporal region was classification accuracy improved, with 8 of 10 participants being classified correctly (p = 0.055). Analysis of single-trial data classified 70% of trials correctly (p << 10^-6). Patients with concussions showed increased activation in occipitoparietal and temporal regions during this sentence comprehension task. Indeed, this task was chosen because it places a heavy demand on lexical-semantic processing of orthographic information and requires the integration of this sentential linguistic information with visual-spatial information to respond correctly to the sentence verification task. Large networks of linguistic and nonlinguistic information processing are required in this task, as has been shown in the Revised Token Test13, the test from which the experimental task was derived. Indeed, this task has been shown to be sensitive to brain injury associated with both left and right hemispheres and from multiple causes, thus optimizing the opportunity for the detection of injury associated with the nonfocal damage typically found in TBI. This is especially true in the context of the MEG virtual recording used in this preliminary study. Magnetoencephalography holds promise as a tool to promote understanding, diagnosis, and assessment of treatment for concussion, particularly when it is combined with sensitive behavioral tasks that engage neural networks commonly damaged in TBI.5

Caveats and Further Work

We report results of cross-sectional pilot work with all the attendant limitations. The volunteer population was small, and the concussed volunteers comprise an inhomogeneous subset of a notoriously inhomogeneous clinical population. In addition, it is noteworthy that there are relatively few MEG facilities extant in the US and that the studies are relatively expensive. On the positive side, the setup for the MEG study used here only required 5–10 minutes, and recently developed atomic magnetometer14 “chips” hold out the hope that the cost of MEG machines may drop sharply in the future.

The strength of both the behavioral and neurophysiological findings hold out hope that this approach may lead to objective diagnostic measures applicable to individual patients as well as individualized functional localization of regional brain pathology. To pursue this, these results must hold up for a larger patient population and must be demonstrated in a prospective longitudinal design. To this end, a cohort study may be justified in which baseline and follow-up MEG studies are obtained from a high-risk but healthy group; for example, a high school football squad or college female cheerleaders. For this study, those in the high-risk group who do not sustain concussions will serve as controls for those who do, along with the individual control inherent in the longitudinal design.

Disclosure

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Author contributions to the study and manuscript prepara-
Use of MEG virtual recordings in diagnosis of concussion

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