Novel biomarker identification using metabolomic profiling to differentiate radiation necrosis and recurrent tumor following Gamma Knife radiosurgery

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OBJECTIVE Following an initial response of brain metastases to Gamma Knife radiosurgery, regrowth of the enhancing lesion as detected on MRI may represent either radiation necrosis (a treatment-related inflammatory change) or recurrent tumor. Differentiation of radiation necrosis from tumor is vital for management decision making but remains difficult by imaging alone. In this study, gas chromatography with time-of-flight mass spectrometry (GC-TOF) was used to identify differential metabolite profiles of the 2 tissue types obtained by surgical biopsy to find potential targets for noninvasive imaging.

METHODS Specimens of pure radiation necrosis and pure tumor obtained from patient brain biopsies were flash-frozen and validated histologically. These formalin-free tissue samples were then analyzed using GC-TOF. The metabolite profiles of radiation necrosis and tumor samples were compared using multivariate and univariate statistical analysis. Statistical significance was defined as p ≤ 0.05.

RESULTS For the metabolic profiling, GC-TOF was performed on 7 samples of radiation necrosis and 7 samples of tumor. Of the 141 metabolites identified, 17 (12.1%) were found to be statistically significantly different between comparison groups. Of these metabolites, 6 were increased in tumor, and 11 were increased in radiation necrosis. An unsupervised hierarchical clustering analysis found that tumor had elevated levels of metabolites associated with energy metabolism, whereas radiation necrosis had elevated levels of metabolites that were fatty acids and antioxidants/cofactors.

CONCLUSIONS To the authors’ knowledge, this is the first tissue-based metabolomics study of radiation necrosis and tumor. Radiation necrosis and recurrent tumor following Gamma Knife radiosurgery for brain metastases have unique metabolite profiles that may be targeted in the future to develop noninvasive metabolic imaging techniques.

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KEY WORDS radiation necrosis; Gamma Knife radiosurgery; brain metastases; metabolomics; mass spectrometry; stereotactic radiosurgery

Abbreviations

AUC = area under the curve; GC-TOF = gas chromatography with time-of-flight mass spectrometry; GKS = Gamma Knife radiosurgery; MRS = MR spectroscopy; NAA = N-acetylaspartate; NSCLC = non–small cell lung cancer; OCT = optimal cutting temperature; ROC = receiver operating characteristic.

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zone of coagulation necrosis surrounded by inflammatory demyelination, astrocytosis, vascular hyalinization, and reactive edema.\textsuperscript{1,12}

Despite clear histological differences and extensive research in the area, distinguishing radiation necrosis from recurrent tumor using noninvasive tests remains difficult. Currently available techniques for trying to differentiate the 2 entities include MR spectroscopy (MRS), MR perfusion, MR diffusion, and PET imaging with tracers such as methionine-PET. Although diagnostic accuracy rates of up to 80% have been reported at dedicated centers, the differentiation remains far from perfect when used in standard clinical practice.

Differentiating the 2 processes, however, is vital to patient management decision making. Recurrent tumor may warrant further radiation treatment, whereas radiation necrosis is typically managed with corticosteroids and other medical or surgical approaches because re-irradiation may worsen clinical status. To make the correct diagnosis, the current standard of care for these patients is to undergo invasive brain biopsy,\textsuperscript{9} exposing them to surgical and perioperative risks associated with considerable health care costs.

Given that radiation necrosis and tumor are distinct cellular processes, it would be expected that their metabolite profiles should also be distinguishable. Metabolomic profiling using gas chromatography with time-of-flight mass spectrometry (GC-TOF) analysis allows investigators to evaluate a diverse range of low-molecular-weight metabolites.\textsuperscript{7,10,17} In this study, we implemented GC-TOF on flash-frozen biopsy-confirmed radiation necrosis and tumor samples following GKS to identify differential metabolite levels between the comparison groups.

**Methods**

**Patient Cohort**

All patients undergoing GKRS at our institution signed consent for the details of their radiosurgery treatment and subsequent clinical course to be entered prospectively into a database. The names of patients who had to undergo resection following radiosurgery were retrieved retrospectively, and any available tissue from these patients was retrieved from pathology archives for this project.

**Collection and Pathological Examination of Tissue Samples**

All patients in this study had brain metastases that were treated with GKS at the Yale Gamma Knife Center using the Leksell Gamma Knife 4C machine; radiosurgery dosing was based on lesion volume as guided by RTOG-90-05. At the time of lesional regrowth, as seen by gadolinium-enhanced MRI on follow-up imaging, each case was discussed at a multidisciplinary tumor board and each patient was selected to undergo resection of their regrowing lesions.

Immediately after surgical excision, all resected samples were bisected and processed in 2 ways. Half of the sample was processed into formalin and paraffin, whereas the other half was snap-frozen in optimal cutting temperature (OCT) compound. For each sample, sections from the paraffin block and frozen sections from the OCT block were concurrently examined histologically. Given that imaging changes after radiation can represent tumor regrowth, radiation injury, or a combination of both, each specimen intended for metabolomic analysis was analyzed histologically first.

Pure areas of radiation necrosis and pure areas of tumor were then separated from the resected specimens by a neuropathologist (A.O.V.), as shown in Fig. 1. On histological examination, radiation necrosis was defined as 3 concentric rings of tissue with innermost necrosis, a middle region of reactive gliosis with demyelination, and an outer ring of edema. As the distinguishing pathology, the middle region of reactive gliosis in the absence of tumor cells was separated from the other regions and sent for analysis after being matched to tumor sample of the same primary tumor type.

Upon dividing the surgical samples into either radiation necrosis or tumor, tissue samples were sectioned at –25°C to produce OCT-free 20-micron-thick tissue flakes. Only areas of each histological slide with uniform histological results (either radiation necrosis or tumor) were submitted for metabolomic analysis. The research study described here was performed with the approval of Yale Pathology and Tissue Services.

**Sample Preparation for GC-TOF**

For each sample, 4 mg of tissue was weighed and added to 1.0 ml of acetonitrile, isopropanol, and water (3:3:2). The samples were homogenized using Geno/Grinder and centrifuged at 2500 rpm for 5 minutes. The samples were then evaporated in a Labconco CentriVap cold trap concentrator and resuspended in 500 μl of 50% acetonitrile. After being centrifuged for 2 minutes at 14,000 relative centrifugal force, the supernatant was removed, evaporated, and submitted for 2-step derivatization with methoxyamine in pyridine followed by silylation with N-Methyl-N-(trimethylsilyl) trifluoroacetamide (MSTFA).

**FIG. 1.** Histological identification of radiation necrosis and tumor in sections stained with H & E. The identity of each flash-frozen sample was confirmed histologically. **A** and **B:** Photomicrographs showing radiation necrosis, which was defined as inflammatory demyelination and reactive gliosis in the absence of tumor cells. **C** and **D:** Photomicrographs showing recurrent NSCLC. Metastatic tumors from various primary tumors were also identified histologically. Figure is available in color online only.
Methodology for GC-TOF

The methodologies used were described in a previous study. An Agilent 6890 Gas Chromatograph was equipped with a GERSTEL automatic linear exchange system and a GERSTEL cold injection system with a temperature program as follows: 50°C to 275°C final temperature at a rate of 12°C/sec and hold for 3 minutes. The injection volume was 0.5 μl with a 10 μl/sec injection speed on a splitless injector with a purge time of 25 seconds.

The gas chromatography separation column consisted of a 30-m long, 0.25-mm Rtx-5Sil mass spectroscopy column with a 0.25-μm 95% dimethyl/5% diphenyl polysiloxane film and an additional 10-m integrated guard column. For the separation parameters, 99,999% ultra-pure helium with built-in purifier was used as a carrier gas at a constant flow of 1 ml/minute with the oven temperature held constant at 50°C for 1 minute and then increased by 20°C per minute to 330°C, which was held constant for 5 minutes.

A Leco Pegasus IV TOF mass spectrometer controlled by Leco ChromaTOF software was used. The samples were introduced with a transfer line temperature set at 280°C. Electron impact ionization occurred at 70 eV with an ion source temperature of 250°C. Two blank samples and 4 calibrates were included in each run for quality control.

Data Processing

Gas chromatography/mass spectroscopy peaks were annotated only if identified according to Metabolomics Standards Initiative guidelines, with both mass spectra and retention index recorded and matched. All signals were exported by the BinBase database and were reported by quantification ion, a unique database identifier, retention index, and the complete mass spectrum encoded as string.

Result files were transformed by calculating the sum of all structurally identified compounds for each sample and by dividing all data associated with a sample by the corresponding metabolite sum. These data were multiplied by a constant factor to obtain values without decimal places; intensities of identified metabolites with more than 1 peak were summed to only 1 value in the transformed data set.

Statistical Analysis

Statistical testing was conducted using R version 3.2.3, a modular open-source programming suite (http://cran.r-project.org/). A principal component analysis was performed to check for discrimination accuracy between comparison groups using the ropls R package. A random forest analysis using 10,000 trees was performed to obtain metabolomic subtypes, conducted using the heat-map.plus R package. All data visualization was performed with the ggplot2 R package.

Results

Patient Demographic Data and Pathological Tissue Characteristics

Patient demographic data and pathological characteristics of specimens are summarized in Table 1. The average age of patients at the time of biopsy was 53.9 years. Two patients (20%) were men, and 8 (80%) were women. Of the 10 patients, 4 contributed only radiation necrosis specimens, and 3 contributed only tumor specimens; 3 patients contributed both radiation necrosis and tumor specimens (Table 2). Tumor samples consisted of 3 primary tumor types: melanoma, breast, and non–small cell lung cancer (NSCLC).

Global Metabolite Analysis

Our protocol applied GC-TOF for pathologically confirmed radiation necrosis and recurrent tumor samples. In total, we identified 141 metabolites that could be confidently mapped to known biochemical structures. A principal component analysis of the global metabolite profiles suggested high discrimination accuracy between the comparison groups, as shown in Fig. 2 upper. The variances of the first and second principal component were 43.83% and 24.86%, respectively.

A random forest analysis yielded an overall predictive accuracy of 78.57%. The random forest analysis also produced a ranked list of metabolites to distinguish the comparison groups. The top 25 metabolites are shown in Fig. 2 lower.

Univariate Statistical Analysis of Identified Metabolites

Of the 25 metabolites identified with the random forest analysis, 17 metabolites had levels that were significantly different between radiation necrosis and tumor samples (p < 0.05 by Mann-Whitney U-test, as shown in Table 3). These metabolites included alpha-tocopherol, proline, citric acid, gamma-tocopherol, UDP-glucuronic acid, butyrolactam, 2,5-dihydroxypyrazine, arachidonic acid, elaidic acid, taurine, UDP-N-acetylglucosamine, ribitol, adenosine-5-monophosphate, beta-sitosterol, conduritol-beta-epoxide, lauric acid, and putrescine. Of these metabolites, 6 were increased in tumor, and 11 were increased in radiation necrosis; all metabolites had an absolute fold change > 0.5 between comparison groups.

Metabolite Cluster Analysis

An unsupervised hierarchical clustering analysis of the 17 metabolites identified showed 3 distinct clusters of metabolites that discriminate the comparison groups (Fig. 3). The 3 clusters represent increased metabolism (elevated in tumor), fatty acid products (elevated in radiation necrosis), and antioxidants/cofactors (elevated in radiation necrosis). The 2 metabolites that were most significantly elevated in radiation necrosis compared with tumor were alpha-to-
copherol and citric acid. The 2 metabolites that were most elevated in tumor compared with radiation necrosis were proline and UDP-glucuronic acid. Boxplots of the metabolite levels between comparison groups are shown in Fig. 4. The receiver operating characteristic (ROC) curves of these metabolites have area under the curve (AUC) values of 1.00 (alpha-tocopherol), 0.92 (citric acid), 0.94 (proline), and 0.93 (UDP-glucuronic acid).

Analysis of Metabolites Currently Used in MRS and PET

\(N\)-acetylaspartate (NAA), along with creatine and choline, are the metabolites currently used in MRS for identification of radiation necrosis versus recurrent tumor. Of these 3 metabolites, only NAA was identified with the present study’s methodologies. NAA trended toward but was not found to be significantly elevated in radiation necrosis compared with tumor (p = 0.073; fold change = 1.36). The ROC curve of NAA has an AUC value of 0.8.

In PET, analogs of glucose are most commonly used, although amino acids such as methionine, phenylalanine, and tyrosine have been studied at a few dedicated centers. Glucose and the individual amino acids were identified with the present study’s methodologies. The first quartile, median, and third quartile values of glucose trended to be higher in tumor compared with radiation necrosis, but these results did not reach statistical significance (p = 0.53). Methionine, phenylalanine, and tyrosine also trended to be elevated in tumor compared with radiation necrosis, but again did not reach statistical significance (p = 0.62, 0.71, and 0.80; fold change = \(-0.17, -0.36,\) and \(-0.13,\) respectively). The ROC curves of glucose, methionine, phenylalanine, and tyrosine had AUC values of 0.61, 0.59, 0.55, and 0.57, respectively.

Discussion

A noninvasive method to differentiate radiation necrosis from recurrent tumor remains elusive. However, such a method is much needed today as the clinical use of ra-
When using in vivo metabolite biomarkers, MRS and PET should be the most promising imaging modalities. Current MRS methods examine choline/creatine and choline/NAA ratios. In the present study, we were only able to measure NAA; therefore, we were not able to make conclusions about the validity of using these ratios. Current PET radiotracer analogs include glucose, me-
thionine, phenylalanine, and tyrosine in the form of FDG, L-methyl-\(^{11}\)C-methionine (\(^{11}\)C-MET), 3,4-dihydroxy-6-\(^{18}\)F-fluoro-L-phenylalanine (\(^{18}\)F-FDOPA), and O-2-\(^{18}\)F-fluoroethyl-L-tyrosine (\(^{18}\)F–FET), respectively. For all of these metabolites, the underlying assumption is that tumor is more metabolically active than radiation necrosis and accumulates higher levels of these metabolites. FDG-PET has been the most studied but suffers from wide ranges of reported sensitivities (65%–81%) and specificities (40%–94%).\(^{16}\) Our results found that these 4 metabolites trended to be elevated in tumor compared with radiation necrosis, supporting the currently used PET methodology. However, the ability to discriminate between radiation necrosis and tumor appeared to be low compared with that of other candidate metabolites in our study.

We identified 17 novel metabolites that may have higher

<table>
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<th>Specimen No.</th>
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<th>Biopsy Location</th>
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<td>Recurrent tumor</td>
<td>Frontal</td>
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<tr>
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<td>1</td>
<td>NSCLC</td>
<td>Radiation necrosis</td>
<td>Frontal</td>
</tr>
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<td>Recurrent tumor</td>
<td>Frontal</td>
</tr>
<tr>
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<td>2</td>
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<td>Frontal</td>
</tr>
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<td>5</td>
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<td>NSCLC</td>
<td>Recurrent tumor</td>
<td>Frontoparietal</td>
</tr>
<tr>
<td>6</td>
<td>3</td>
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<td>Radiation necrosis</td>
<td>Frontoparietal</td>
</tr>
<tr>
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<td>Radiation necrosis</td>
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</table>

KEGG ID = Kyoto Encyclopedia of Genes and Genomes identifier; NA = not available.

![FIG. 3.](image) Heat map of significant metabolites reveals metabolic signatures of radiation necrosis and tumor. An unsupervised hierarchical clustering analysis shows 3 distinct clusters of metabolites that discriminate between radiation necrosis and tumor. Metabolites that represent increased metabolism were elevated in tumor. Metabolites that represent fatty acid products and antioxidants/cofactors were elevated in radiation necrosis. Figure is available in color online only.
diagnostic potential if they can be translated into imaging studies. Our results suggest that radiation necrosis had elevated levels of fatty acids and antioxidant metabolites, whereas tumor had elevated markers of energy metabolism.

In radiation necrosis, demyelination and cell death may result in increased fatty acid products; we identified lauric acid, ribitol, putrescine, butyrolactam, arachidonic acid, and elaidic acid as potential biomarkers in this group. Previous studies have found that oligodendrocytes are extremely sensitive to radiation. In addition, MRS of radiation necrosis often contains a large lipid peak, but no studies have resolved the identity of the involved metabolites. The biomarkers identified in this study may contribute to this peak.

In addition, radiation necrosis tissue may mobilize elevated levels of antioxidants in response to oxidative stress and increased cell death. Our study identified gamma-

FIG. 4. Boxplots (upper) and ROC curves (lower) for selected metabolites discriminating between tumor and radiation necrosis. Selected metabolites provide a high degree of discrimination between tumor and radiation necrosis according to the AUC values of the ROC curves. Figure is available in color online only.
tocopherol, alpha-tocopherol, beta-sitosterol, citric acid, and conduritol-beta-epoxide as candidate biomarkers. Although it is uncertain why these metabolites were elevated in radiation necrosis, one explanation could be bias due to unreported patient oral supplementation. However, given that 3 patients contributed both tumor and radiation necrosis samples, the likelihood of this bias is low.

Tumor is more anabolically active than normal tissue and is probably more active than radiation necrosis; we found that tumor had increased levels of adenosine-5-monophosphate, taurine, 2,5-dihydroxypteridine, proline, UDP-glucuronic acid, and UDP-N-acetylglucosamine. Taurine has been shown to be elevated in samples of lung cancer tissue compared with paracarcinomatous tissue. In addition, proline biosynthesis has been shown to augment tumor cell growth and aerobic glycolysis. UDP-glucuronic acid and UDP-N-acetylglucosamine are both used by glucuronosyltransferase and glycosyltransferase reactions. Using UDP-N-acetylglucosamine as a substrate, multiple tumor types (including breast, prostate, lung, liver, colon, and bladder cancers) have increased O-linked-β-N-acetylglucosamine modifications on intracellular proteins through the mTOR/ MYC pathway. Elevated levels of UDP-N-acetylglucosamine have also been found in human lung adenocarcinoma compared with nonmalignant tissue, as well as in human melanoma cells implanted in mice.

There are several limitations to this study. First, due to the low number of available tissue samples, no metabolites in the univariate statistical analysis reached significance with Bonferroni correction (significance threshold $p = 3.54E^{-4}$). This study was originally performed as a proof-of-concept study to determine if unique metabolites could be identified for radiation necrosis versus tumor. Although several metabolites have been identified, the validity of our results still needs to be confirmed by further studies that include a larger sample size and a larger variety of metastatic tumors. In addition, there are no data from this study to suggest that similar metabolites should be used to differentiate primary brain tumors from radiation necrosis. Second, this study does not provide any correlation with currently available imaging changes. Third, this study does not address possible metabolite changes in pseudo-progression because it remains unclear if the pathophysiology of early postradiation changes (such as pseudo-progression) is the same as the delayed changes of radiation necrosis.

We acknowledge that these data are preliminary and that future work must be done to validate these metabolites in combination with the development of in vivo neuroimaging modalities. If noninvasive imaging modalities can be developed specifically for the metabolites identified in this study, however, this may be the first step to robustly solving the current dilemma of distinguishing radiation necrosis and recurrent tumor after radiosurgery.

Conclusions

To our knowledge, this study is the first tissue-based, untargeted metabolomics analysis to examine differential metabolic profiles of radiation necrosis versus tumor. We identified multiple candidate metabolites that may be used with imaging modalities such as MRS and PET for differentiating radiation necrosis and tumor; these candidate metabolites may have much higher binary classification test results compared with those of currently used metabolites in MRS and PET. Although promising, a prospective study using the identified metabolites with radiographic techniques is needed to test the applicability of these results.

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Disclosures
The authors report no conflict of interest concerning the materials or methods used in this study or the findings specified in this paper.

Author Contributions
Conception and design: Chiang, Lu, Turban, Damisah, Li, Eid, Vortmeyer. Acquisition of data: Lu, Turban, Li, Alomari, Vortmeyer. Analysis and interpretation of data: Lu, Turban, Vortmeyer. Drafting the article: Chiang, Lu, Turban. Critically revising the article: Chiang, Lu, Turban, Vortmeyer. Reviewed submitted version of manuscript: Chiang, Lu, Turban. Approved the final version of the manuscript on behalf of all authors: Chiang. Statistical analysis: Lu. Administrative/technical/material support: Chiang, Lu, Turban, Damisah, Eid, Vortmeyer. Study supervision: Chiang, Damisah, Eid, Vortmeyer.

Supplemental Information
Previous Presentations
Portions of this work were presented as a flash oral presentation at the 17th Annual Leksell Conference, New York, NY, May 12, 2014.

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