Induction of proinflammatory cytokine production in intervertebral disc cells by macrophage-like THP-1 cells requires mitogen-activated protein kinase activity

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OBJECTIVE To determine the role played by mitogen-activated protein kinase (MAPK) signaling in the interactions between macrophages and intervertebral disc (IVD) cells, it was hypothesized that MAPK inhibition would modulate the production of the proinflammatory cytokines associated with inflammatory reaction in IVD cells.

METHODS Human annulus fibrosus (AF) and nucleus pulposus (NP) cells were cocultured with phorbol myristate acetate–stimulated macrophage-like THP-1 cells, with and without SB202190 (a p38-α and -β inhibitor), SP600125 (a c-Jun N-terminal kinase [JNK] inhibitor), and PD98059 (an extracellular signal-regulated kinase [ERK] 1/2 inhibitor). The cytokines in conditioned media from cocultured and macrophage-exposed (nemotic) cells were assayed using enzyme-linked immunosorbent assays (ELISAs).

RESULTS Interleukin (IL)-6 and IL-8 were secreted in greater quantities by the cocultured cells compared with naive IVD cells and macrophages (MΦ) cultured alone. The tumor necrosis factor (TNF)–α and IL-6 levels produced by the NP cells cocultured with MΦs (NP-MΦ) were significantly lower than those produced by AF cells cocultured with MΦs (AF-MΦ). SB202190 dose-dependently suppressed IL-6 secretion by AF-MΦ and NP-MΦ cocultures, and 10 μM SB202190 significantly decreased IL-6 and IL-8 production in nemotic AF and NP pellets. SP600125 at 10 μM significantly suppressed the production of TNF-α, IL-6, and IL-8 in AF-MΦ and NP-MΦ cocultures and significantly suppressed IL-1β production in the NP-MΦ coculture. Administration of 10 μM PD98059 significantly decreased IL-6 levels in the AF-MΦ coculture, and decreased the levels of TNF-α and IL-8 in both the AF-MΦ and NP-MΦ cocultures.

CONCLUSIONS The present study shows that inhibitors of p38 MAPK effectively controlled IL-6 production during inflammatory reactions and that JNK and ERK1/2 inhibitors successfully suppressed the production of major proinflammatory cytokines during interactions between macrophages and IVD cells. Therefore, selective blockade of these signals may serve as a therapeutic approach to symptomatic IVD degeneration.

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KEY WORDS intervertebral disc degeneration; cytokines; mitogen-activated protein kinases; SB202190; SP600125; PD98059
Previously, we showed that macrophages played a major role in the production of inflammatory mediators in the AF, and that such mediators might be associated with the development of discogenic low-back pain via anular inflammation. However, the role played by macrophages in the development of symptomatic IVD degeneration, including the NP, has not yet been investigated.

Cytokines are involved in development of inflammatory reactions and are responsible for a significant proportion of the pathology of symptomatic IVD degeneration. Of the cytokines, interleukin (IL)-6 and IL-8 are produced at levels that are orders of magnitude greater than tumor necrosis factor (TNF)–α and IL-1β in coculture models, although much attention has been paid to the roles played by TNFα and IL-1β in disc disease. IL-6 is closely associated with the development of neurological symptoms in patients with autoimmune inflammatory diseases such as rheumatoid arthritis and systemic lupus erythematosus. IL-6 production in the disc tissue may significantly contribute to neurogenic pain. In addition, IL-8 production may be associated with neovascularization of and inflammatory reactions in painful discs. Thus, knowledge of the cytokine production pathways of IVD cells would aid mechanistic evaluations of the processes involved in symptomatic IVD degeneration.

During inflammation, proinflammatory cytokines activate several intracellular signaling pathways via the actions of mitogen-activated protein kinases (MAPKs). These enzymes are evolutionarily conserved and involved in cell signaling and gene expression. MAPKs are activated by phosphorylation and transduce a broad range of extracellular stimuli into diverse intracellular responses by exerting both transcriptional and nontranscriptional regulation. The MAPK family includes p38, the c-Jun N-terminal kinase (JNK), and the extracellular signal-regulated kinase 1/2 (ERK1/2), all of which trigger signaling cascades. These pathways can be stimulated by various stressors, including ultraviolet and other forms of irradiation, osmotic stress, heat shock, proinflammatory cytokines, chemotherapeutic drugs, and certain mitogens. Recently, there has been considerable interest in identifying intracellular inhibitors of p38 MAPK for the treatment of rheumatoid arthritis. Furthermore, many inhibitors have been developed and studied in a large number of clinical trials in several chronic inflammatory diseases. Therefore, the MAPK pathways are all molecular targets for new drug development, and inhibitors of MAPKs will undoubtedly be one of the next groups of drugs developed for the treatment of human disease. However, the influence of MAPK pathways in discogenic pain during inflammatory reactions has not been studied. We hypothesized, in the present study, that MAPK inhibition selectively modulates the production of proinflammatory cytokines, which play roles in development of symptomatic IVD degeneration.

**Methods**

**Isolation and Culture of AF and NP Cells**

Human AF and NP cells were isolated from the disc tissues of patients (2 female and 4 male patients). These tissues were removed during elective surgery to treat degenerative spinal disease (Grades II–III on the Pfirrmann grading system). Our institutional review board approved our work. Tissue specimens were placed in sterile Ham’s F-12 medium (Gibco-BRL) containing 1% (wt/vol) penicillin/streptomycin (P/S; Gibco-BRL) and 5% (vol/vol) fetal bovine serum (FBS; Gibco-BRL). After washing, the AF and NP regions were carefully defined, separately resected, and digested for 60 minutes in F-12 medium containing 1% (wt/vol) P/S, 5% (vol/vol) FBS, and 0.2% (wt/vol) pronase (Calbiochem), followed by overnight incubation in 0.025% (wt/vol) collagenase I (Roche Diagnostics). Both cell suspensions were filtered through sterile nylon mesh (70-μm pore diameter), centrifuged, resuspended, and cultured in F-12 medium with 10% (vol/vol) FBS and 1% (wt/vol) P/S (culture medium) in a humidified atmosphere of 5% (vol/vol) CO₂ at 37°C (see Fig. 1).

A pellet culture system was used to mimic the 3D cellular interactions of the in vivo environment, allowing quantitative comparison of cytokine production by both cell types. The IVD cells in the pellet were surrounded by a rigid fibrous coat, thus mimicking the physiological environment. Furthermore, the majority of the human IVD cells retained their native phenotype in this 3D system and expressed a marker gene both in vitro and in vivo. The pellet is easy to manipulate in terms of Western blotting, exhibits low cell division rates, and allows cytokine secretion to be measured. Cells at 95% confluence were removed from flasks by treatment with 0.05% (wt/vol) trypsin/EDTA (Gibco-BRL), and the AF and NP cells (2 × 10⁶ cells/ml) were resuspended in culture medium in individual 15-ml polypropylene conical tubes, centrifuged (5 minutes at 224g) to pellet aggregates, and incubated for 7 days.

**Culture of Activated Macrophage-Like THP-1 Cells**

Human acute monocytic leukemia (THP-1) cells (Korean Cell Line Bank) are a type of mononuclear phagocyte that are converted into activated macrophage-like cells on incubation with phorbol myristate acetate (PMA). PMA exerts pleiotropic effects on the differentiation of normal and malignant cells and induces the differentiation of human promyelocytic cells into macrophages, which exhibit phagocytosis and secrete proinflammatory cytokines. Thus, the THP cell line may serve as a useful model for the study of the mechanisms of maturation or differentiation of monocytes into macrophages and also the biochemical mechanism(s) of phagocytosis. Previously, we found that such activated macrophage-like cells produced proinflammatory factors, including TNFα and IL-1β. In the present work, THP-1 cells were maintained in RPMI 1640 medium (American Type Culture Collection) supplemented with 10% (vol/vol) FBS, 1% (wt/vol) P/S, and 0.05 mM 2-mercaptoethanol (Sigma-Aldrich) and stimulated to differentiate into macrophage-like THP-1 cells by treatment with 160 nM PMA (Sigma-Aldrich) for 72 hours prior to coculture.

**Coculture of Macrophage-Like Cells and IVD Cells**

PMA-activated macrophage-like THP-1 cells were removed from the culture flasks by trypsinization and placed
in the wells of 24-well plates at a density of \(1 \times 10^5\) cells/well in 1-ml volumes of F12/Dulbecco’s modified Eagle medium with 1% (vol/vol) FBS and 1% (wt/vol) P/S (this was a serum-starved medium). NP and AF pellets were added to the cell culture inserts (0.4-μm pore diameter, Becton Dickinson Labware) and placed in the wells with macrophage-like cells to implement the in vitro inflammatory reaction. The inserts prevented phagocytosis, but permitted the media to be shared and the materials secreted from one cell type to interact with the other (thus, we established a noncontact coculture system).

To evaluate the effects of inhibition of the MAPK transduction pathway, we used SB202190 (Merck), a selective inhibitor of p38-α and -β, SP600125 (Merck), a competitive inhibitor of JNK, and PD98059 (Cell Signaling Technology), an MEK1/2 [MAPK/ERK1/2] inhibitor. SB202190, SP600125, and PD98059 were dissolved in dimethylsulfoxide and simultaneously added at different levels (0.1, 1, and 10 μM) to different coculture wells. Conditioned media (CM) from the cells that were cocultured for 48 hours were collected for cytokine quantitation using enzyme-linked immunosorbent assays (ELISAs).

**Inhibition of the MAPK Transduction Pathway in Macrophage-Exposed AF and NP Pellets**

To evaluate the effects of inhibition of the MAPK transduction pathway on macrophage-exposed (nemotic) AF and NP cells, 2 doses (1 and 10 μM) of SP600125, SB202190, and PD98059 were added to wells containing nemotic AF and NP pellets, and incubation continued for 48 hours. Next, CM were stored at \(-80°C\).

**Western Blotting**

Human AF and NP cells were collected, washed twice with ice-cold Hank’s balanced salt solution (GibcoBRL), and resuspended and centrifuged in the same solution (14,240 g; 5 minutes). The pelleted cells were suspended in Lysis Buffer (iNtRON Biotechnology), held for 30 minutes on ice, and cellular debris was removed by centrifugation at 14,240 g for 15 minutes. Protein-containing supernatants were subjected to Western blotting. Protein concentrations were estimated using the BCA Protein Assay Kit (Thermo Fisher Scientific), and all samples were stored at \(-80°C\). Protein samples (10 μg) were subjected to reducing sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to polyvinylidene fluoride membranes with a low-fluorescence background (Millipore Corporation). The membranes were blocked in 5% (wt/vol) skim milk for 1 hour and (separately) probed overnight at 4°C with the following antibodies: anti-JNK (ab64334, Abcam); anti-ERK (ab17942, Abcam); antiphospho-JNK (ab4821, Abcam); antiphospho-ERK (ab4819, Abcam); antiphospho-P38 (ab4822, Abcam); and antiactin (A5316, Sigma Aldrich) in 5% (wt/vol) skim milk in Tris-buffered saline and Tween 20 (TBS-T). After washing, the membranes were incubated for 1 hour with the appropriate secondary antibody that was diluted 1:20,000 in 5% (wt/vol) skim milk in TBS-T. The bands were visualized using an x-ray film processor (Konica SRX-101A). Each blot was performed twice, and representative scans are shown.

**ELISAs**

The concentrations of TNFα, IL-1β, IL-6, and IL-8 in CM were assayed by ELISA using commercially available kits (R&D Systems) according to the manufacturer’s protocols.

**Cytotoxicity Test**

The Cell Counting Kit-8 (CCK-8) (Dojindo Laboratories) was used to measure the cytotoxicity of the MAPK inhibitors according to the manufacturer’s protocol. Briefly, \(5 \times 10^5\) cells were seeded in each well of 96-well plates and exposed to various doses of SP600125 and PD98059. The CCK-8 assay was performed 48 hours later.

**Statistical Analyses**

Data are expressed as the means ± standard error of the results of 3 to 5 individual experiments using independent cell cultures. Every individual experiment involved 4 or 5 samples. The p values were calculated using the Student t-test, and a p value < 0.05 was considered to indicate statistical significance.

**Results**

**Production of Inflammatory Mediators in Cocultures**

To demonstrate differences in inflammatory mediator synthesis by AF and NP pellets, both cell types were cocultured with macrophage-like cells for 48 hours (Fig. 2). Naive AF and NP cells did not produce detectable amounts of TNFα, IL-1β, IL-6, or IL-8 as reported in a previous study (data not shown).\(^9\)\(^10\) The levels of TNFα and IL-6 were significantly lower in the CM of the NP
pellets that were cocultured with macrophage-like cells (NP-MΦ) (TNFα: 7.19 ± 3.210 ng/ml; IL-6: 18.36 ± 2.24 ng/ml) compared with the levels produced by AF pellets cocultured with macrophage-like cells (AF-MΦ) (TNFα: 9.64 ± 3.90 ng/ml; IL-6: 40.00 ± 6.16 ng/ml). The levels of IL-1β (B) and IL-8 (D) did not significantly differ in either group of cocultures (p > 0.05). Naive AF and NP cells did not produce detectable amounts of TNFα, IL-1β, IL-6, or IL-8 (data not shown).

The 2 cocultures differed strikingly in terms of IL-6 production, although the levels of IL-1β and IL-8 did not differ significantly.

Cytotoxicity and Effects of Inhibitors of the MAPK Transduction Pathway

We previously investigated the effectiveness of SB202190,10,23 and, thus, in the present work, we evaluated the cytotoxicities and effects of SP600125 and PD98059 (only) on AF and NP cells using the CCK-8 assay and Western blotting. Inhibitor-treated cells did not significantly differ from the controls in terms of viability, and the MAPK inhibitors successfully suppressed the phosphorylation of MAPK (Fig. 3).

Inhibition of Proinflammatory Cytokine Production via the MAPK Transduction Pathway During Coculture

SB202190 dose-dependently decreased IL-6 levels in the CM from the NP-MΦ and AF-MΦ cocultures (Fig. 4). SP600125 at 10 μM significantly decreased the levels of TNFα, IL-6, and IL-8 in the CM from AF-MΦ and NP-MΦ cocultures, and significantly suppressed IL-1β production in the NP-MΦ coculture (Fig. 5). Administration of 10 μM PD98059 significantly decreased IL-6 levels in the AF-MΦ coculture and decreased the levels of TNFα and IL-8 in both the AF-MΦ and NP-MΦ cocultures (Fig. 6).

Inhibition of IL-6 and IL-8 Production via the MAPK Transduction Pathway in Nematoc AF and NP Pellets

SB202190 at 1 μM significantly decreased IL-6 and IL-8 production in nemotic AF pellets, and 10 μM significantly decreased IL-6 and IL-8 production in nemotic AF and NP pellets (Fig. 7A and B). SP600125 did not significantly affect IL-6 or IL-8 production in nemotic AF and NP pellets (Fig. 7C and D). PD98059 at 10 μM significantly decreased IL-6 production in nemotic NPs (Fig. 7E and F).

Discussion

Low-back pain is an enormous medical and socioeconomic burden in modern society. Although many etiologies of low-back pain are known, an important feature is IVD degeneration, including that of the AF and NP cells, after an inflammatory reaction. In the present study, we found that the interactions between macrophages and IVD cells triggered the production of large amounts of cytokines. Specifically, AF cells, which are known pain generators, produced larger amounts of TNFα and IL-6 than NP cells. Our results also demonstrate the ability of the potent and selective MAPK inhibitors SB202190, PD98059, and
SP600125 to differentially reduce proinflammatory cytokine levels when macrophage-like cells interact with IVD cells or nemotic IVD cells. These results suggest that controlling the MAPK pathway might prevent or mitigate the development of symptomatic IVD degeneration.

In agreement with previous studies, morphologically NP cells resembled chondrocyte-like cells, which are more rectangular in shape compared with the AF cells in monolayer cell culture, while AF cells resembled fibroblasts which are spindle-shaped. Upon interaction with macrophage-like cells, AF cells produced significantly larger amounts of IL-6 than NP cells, although no difference in IL-8 production was noted. In previous studies, IL-6 was shown to induce mechanical and thermal hyperalgesia when injected into rat paw. Others have found a clear correlation between the degree of tactile allodynia and extent of IL-6 upregulation, irrespective of the animal model used. It is well known that AF is the major pain generator of IVD cells. Anatomically, the AF has sensory nerve endings in the outer one-third and is located next to the dorsal root ganglia. In the present study, AF cells produced larger amounts of IL-6 than NP cells in response to macrophage exposure. These results suggest that, apart from the anatomical characteristics, the AF may perceive pain after injury because of pain-related cytokine production, a key event in the early stage of intractable discogenic pain.

We showed that specific inhibitors of p38 MAPK effectively inhibited IL-6 production during interaction between macrophage-like cells and IVD cells. A previous study found that p38 MAPK in IVD cells was activated by phosphorylation in response to proinflammatory stimulation. We found that the p38 MAPK pathway was more closely linked to IL-6 production than to that of any other cytokine, in agreement with the findings of previous studies. We also showed that p38 MAPK inhibitors at 10 μM effectively blocked IL-6 and IL-8 production in both nemotic AF and NP cells. It has been reported that p38 MAPK stabilized IL-6 and IL-8 transcripts. In human NP cells, the phospho-p38 MAPK-α levels were markedly increased after exposure to TNFα or IL-1, although the total amount of p38 MAPK did not change. Therefore, we hypothesized that the deactivation of p38 MAPK by SB202190 would diminish the levels of IL-6 and IL-8 produced during inflammation of IVD cells, and that IL-6 production is much more sensitively regulated by the p38 MAPK pathway.
Fig. 4. Inhibition of the p38-MAPK transduction pathway during coculture. SB202190 dose-dependently decreased IL-6 (C) production in CM from NP-MΦ and AF-MΦ cocultures. SB202190 at 10 μM tended to decrease TNFα (A) and IL-8 (D) production, but did not suppress IL-1β production (B) (p > 0.05).

Fig. 5. Inhibition of the JNK1/2 MAPK transduction pathway during coculture. SP600125 at 10 μM significantly decreased the levels of TNFα (A), IL-6 (C), and IL-8 (D) in the CM of NP-MΦ and AF-MΦ cocultures, and significantly suppressed IL-1β (B) production in the NP-MΦ coculture.
MAPK pathway than any other MAPK pathway. These results promise that p38 MAPK inhibitors could be the first selective drugs for discogenic pain rather than the other MAPK blockers. We also found that ERK1/2 MAPK was constitutively activated and may be primarily responsible for TNFα and IL-8 production in cocultures, more so than the production of IL-1β and IL-6. ERK1/2 MAPK has been shown to be involved in the transcriptional activation of nuclear factor kBs, which are factors that are constitutively activated during inflammation that mediate the transcriptional upregulation of proinflammatory genes. The ERK1/2 MAPK inhibitor PD98059, which blocks ERK1/2 via deactivation of MEK1/2, exerted inhibitory effects on TNFα, IL-6, and IL-8 production during the coculture of macrophages and IVD cells, but these protective effects did not extend to nemic IVD cells.

The stress-activated JNK protein kinase is phosphorylated (in response to extracellular stimuli) at conserved threonine and tyrosine residues and plays regulatory roles in inflammation. Inhibitors of JNK are being developed to treat arthritis and have been effective in models of experimentally induced arthritis and joint pain. We assessed the role played by the JNK MAPK pathway via the addition of a JNK MAPK inhibitor, SP600125 at 10 μM, and found significant downregulation of TNFα, IL-6, and IL-8 production in cocultures of macrophage-like cells and IVD cells, but no significant effects on IL-6 and IL-8 production in nemic AF and NP cells. These findings suggest that SP600125 may exert inhibitory effects on proinflammatory cytokine production during acute inflammatory reactions.

In the present study, we are trying to find a specific MAPK pathway during inflammatory reaction in IVD cells, which is major pain generator of symptomatic disc degeneration. The present study shows that inhibitors of p38 MAPK effectively controlled IL-6 production during acute and late inflammatory reactions and JNK and ERK1/2 inhibitors can successfully suppress the production of major proinflammatory cytokines during interactions between macrophage and IVD cells, which is an acute inflammatory reaction, although these inhibitors could not effectively control cytokine levels in nemic IVD cells (representing the late stages of disc inflammatory reactions). Therefore, selective control of MAPK pathway activity may serve as a therapeutic strategy for the treatment of symptomatic intervertebral degeneration according to stage.

Conclusions

The present study shows that inhibitors of p38 MAPK effectively controlled IL-6 production during inflammatory reactions, and that JNK and ERK1/2 inhibitors successfully suppressed the production of major proinflammatory cytokines during acute inflammatory reaction. Therefore, selective blockade of these signals may serve as a therapeutic approach to symptomatic IVD degeneration.

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Disclosure
The authors report no conflict of interest concerning the materials or methods used in this study or the findings specified in this paper.

Author Contributions
Conception and design: all authors. Acquisition of data: Kim, JJ Park, Moon, JH Park. Analysis and interpretation of data: Kim, JJ Park, Moon, JH Park. Drafting the article: Kim, JJ Park. Critically revising the article: Kim, JJ Park, Moon, Kwon, YK Park. Reviewed submitted version of manuscript: Kim, JJ Park. Approved the final version of the manuscript on behalf of all authors: Kim. Statistical analysis: Kim, JJ Park, Moon. Administrative/technical/material support: Kim. Study supervision: Kim, YK Park.

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