Impaired functional recovery of endothelial colony-forming cells from moyamoya disease in a chronic cerebral hypoperfusion rat model

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OBJECTIVE Endothelial colony-forming cells (ECFCs) isolated from pediatric patients with moyamoya disease (MMD) have demonstrated decreased numbers and defective functioning in in vitro experiments. However, the function of ECFCs has not been evaluated using in vivo animal models. In this study, the authors compared normal and MMD ECFCs using a chronic cerebral hypoperfusion (CCH) rat model.

METHODS A CCH rat model was made via ligation of the bilateral common carotid arteries (2-vessel occlusion [2-VO]). The rats were divided into three experimental groups: vehicle-treated (n = 8), normal ECFC-treated (n = 8), and MMD ECFC-treated (n = 8). ECFCs were injected into the cisterna magna. A laser Doppler flowmeter was used to evaluate cerebral blood flow, and a radial arm maze test was used to examine cognitive function. Neuropathological examinations of the hippocampus and agranular cortex were performed using hematoxylin and eosin and Luxol fast blue staining in addition to immunofluorescence with CD31, von Willebrand factor, NeuN, myelin basic protein, glial fibrillary acidic protein, and cleaved caspase-3 antibodies.

RESULTS The normal ECFC-treated group exhibited improvement in the restoration of cerebral perfusion and in behavior compared with the vehicle-treated and MMD ECFC-treated groups at the 12-week follow-up after the 2-VO surgery. The normal ECFC-treated group showed a greater amount of neovasculogenesis and neurogenesis, with less apoptosis, than the other groups.

CONCLUSIONS These results support the impaired functional recovery of MMD ECFCs compared with normal ECFCs in a CCH rat model. This in vivo study suggests the functional role of ECFCs in the pathogenesis of MMD.

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KEYWORDS moyamoya disease; endothelial colony-forming cells; chronic cerebral hypoperfusion; rat model; vascular disorders

MOYAMOYA disease (MMD) is a chronic cerebrovascular disorder characterized by a progressive occlusion of the major bilateral intracranial arteries. MMD has been identified as one of the important causes of stroke in children. This chronic cerebrovascular disorder affects cognition, intelligence, memory, executive functioning, and quality of life. The associated cognitive impairment is generally linked to pathogenesis in the brain. MMD pathogeneses, such as inflammation, immune complex, upregulation of angiogenic factors, and abnormalities in endothelial colony-forming cells (ECFCs; previously termed endothelial progenitor cells), have been studied.

ECFCs comprise a primitive cell type in the endothel-
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Circulating ECFCs in peripheral blood have robust angiogenic properties that are associated with MMD pathogenesis. However, the function of MMD ECFCs has not been fully clarified because animal models are limited in their reproduction of the complex process of MMD.

Chronic cerebral hypoperfusion (CCH) is a cerebrovascular disease that exhibits a correlation between the severity of memory dysfunction and a decline in cerebral blood flow (CBF). Animal models of permanent bilateral occlusion of both common carotid arteries (2-vessel occlusion [2-VO]) have been extensively utilized to study the consequences of neurocognitive dysfunction with reduced CBF. Studies have reported the role of normal ECFCs and have suggested the therapeutic potential of these cells in animal models of vascular disease, including a CCH rat model. However, there has been little to no research on the functional impairment of MMD ECFCs in animal disease models.

In the present study, we investigated the biological dysfunction of MMD ECFCs in a CCH rat model. Our results might provide further insight into the effect of ECFCs in MMD pediatric patients on neovascularogenesis and neurogenesis.

**Methods**

**ECFC Cultures**

Blood samples from healthy normal volunteers (n = 4) and MMD patients (n = 4) were obtained (Table 1) with informed consent after Seoul National University Hospital IRB approval. All MMD patients had confirmed diagnoses based on cerebral angiography. Isolated cells were cultured at 37°C with 5% CO₂ in a humidified atmosphere. The cells were used under cell passage no. 6.

**ECFC Characterization**

ECFCs were characterized by morphological confirmation, acetylated low-density lipoprotein (LDL) uptake, flow cytometry analysis using antibodies (KDR, CD34, CD31, CD45, and CD14), and tube formation assays, as described in our previous report. Observation of ECFC morphology was performed using a bright-field microscope (Leica Microsystems).

For LDL uptake, ECFCs (1 × 10³) were seeded in a chamber slide (Nunc, Lab-Tek) with the endothelial growth media for 24 hours. On the next day, the media was replaced with endothelial growth media containing 10 μg/ml 1,10-dioctadecyl-3,3,30,30-tetramethylindocarbocyanine-labeled LDL (Dil-Ac-LDL, Biomedical Technologies) and incubated for 4 hours at 37°C with 5% CO₂. ECFCs were washed with phosphate-buffered saline and fixed in 3% formaldehyde for 15 minutes. LDL uptake was visualized by fluorescence microscopy (Leica Microsystems).

For flow cytometry analysis, ECFCs (1 × 10⁶) were incubated for staining with phycoerythrin-conjugated anti–human KDR, CD34, CD31, CD45, and CD14 antibodies (BD Biosciences). The data were analyzed using a FACScan flow cytometer and CellQuest software (BD Biosciences).

For capillary tube formation assay in vitro, ECFCs (2 × 10⁴) were plated in a Matrigel-coated 48-well plate and incubated for 18 hours. The number of tubes was counted at 4 random microscopic fields by two independent observers.

**Experimental Design**

Figure 1 shows a schematic plot of the experimental design. Four-week-old rats were brought in and allowed to spend a week adapting; they were given radial arm maze (RAM) practice at 5 weeks old. The rats practiced for a total of 6 RAM tests for 2 weeks before surgery. The rats underwent 2-VO surgery at 7 weeks old (marked as “0” in the schematic diagram of Fig. 1) and ECFC treatment at 8 weeks old (marked as “1” in Fig. 1). The rats underwent laser Doppler flowmeter (LDF) monitoring before and after 2-VO surgery, which marked time point zero. The 2-VO procedure was confirmed via changes in CBF between baseline and after surgery. After surgery, the rats were given a few days to rest and recuperate, followed by the commencement of the first RAM test. At the begin-

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**TABLE 1. Information of normal volunteer and MMD patients**

<table>
<thead>
<tr>
<th>Case No.</th>
<th>Age (yrs), Sex</th>
<th>Familial History</th>
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<th>Clinical Presentation</th>
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<td>Rt III, lt III</td>
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</tr>
<tr>
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<td>HA, TIA</td>
<td>Rt III, lt III</td>
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<td>TIA</td>
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</table>

HA = headache; NA = not available; TIA = transient ischemic attack.
ning of the first week postsurgery, vehicle-treated (saline), normal, or MMD ECFCs were administered to these rats. The RAM test was conducted 2, 4, 8, 10, and 12 weeks after the 2-VO surgery.

Surgical Procedures of a CCH Rat Model Involving 2-VO

All procedures involving animal experiments were approved by the Institutional Animal Care and Use Committee of Seoul National University Hospital Biomedical Research Institute. Wistar rats (5-week-old males, Orient Bio Inc.; approximately 2–3 rats per cage) were kept on a 12-hour light/dark cycle at a constant temperature of 22°C ± 1°C with free access to food and water except when performing the RAM test. For 2-VO surgery, the rats (7 weeks old) were fixed on the board in a supine position under anesthesia with a solution of 20 mg/kg zolazepam (Virbac) and 10 mg/kg xylazine (Bayer). After making an approximately 2-cm incision in the skin, the bilateral common carotid arteries were exposed by isolating them from the vagus nerve and its sheath. The arteries were double-ligated with 4-0 silk 8–10 mm below the visible region of the common carotid artery.

Injection of ECFCs

One day prior to injection of the ECFCs, the rats were administered an immunosuppressant (8 mg/kg cyclosporin A dissolved in olive oil; Abcam) daily via intraperitoneal injection for 6 weeks. One week after the 2-VO surgery, the rats were randomly divided into three groups (24 rats total, 8 rats per group) as follows: a vehicle-injected (saline) group, a normal ECFC-treated group, and an MMD ECFC-treated group. The ECFCs were labeled with fluorescent spherical silica nanoparticles with CELL-STALKER-CSR (Biterials), according to the manufacturer’s protocol. The rats were anesthetized via intraperitoneal administration of a mixture of 20 mg/kg zolazepam (Virbac) and 10 mg/kg xylazine (Bayer). After making an approximately 2-cm incision in the skin, the bilateral common carotid arteries were exposed by isolating them from the vagus nerve and its sheath. The arteries were double-ligated with 4-0 silk 8–10 mm below the visible region of the common carotid artery.

Laser Doppler Flowmeter

CBF was measured using an LDF (PeriFlux System 5000, Perimed AB) with the relative flow value expressed in perfusion units before and after 2-VO surgery, which used a flexible probe placed over the skull, as described previously. The rats (8 per group) were anesthetized using 4% isoﬂurane and were maintained under 1%–3% oxygen. The tip of the LDF probe (10-mm diameter, probe 407; a small, straight probe) was placed perpendicular to the cerebral cortex with a probe holder. It was attached to the cranial window of the barrel cortex in an area that was free of larger blood vessels in order to minimize any interference with the signal. The LDF flux signal was proportional to the tissue perfusion/CBF at the measurement point was calculated and recorded with the Perisoft software (Perimed AB), and spectrographic data were collected for each group. The LDF flux signal was stabilized and measured 30 seconds before and after the occlusion surgery. The magnitude of the evoked CBF was calculated as the mean percentage change relative to baseline. Measurements were performed at four different time points per subject: preoperatively, immediately postoperatively, and at 8 weeks and 12 weeks after 2-VO surgery.

Eight-Arm Radial Maze

The memory impairment of the rats (8 per group) was assessed via an 8-arm RAM, as previously described. The rats were food deprived to 85% of their free-feeding weight for the RAM. Briefly, the rats were placed in the center of the maze, and the test was conducted for 5 minutes to determine if the rats ate all the feed. Before the 2-VO surgery, the rats were trained 6 times over 2 weeks. Once released, the rats were free to forage in the maze until they consumed all the accessible food or until 3 min-
utes had elapsed. The sequence of the arms entered and the latency to find all four food rewards were recorded and calculated for every trial. The time taken to eat all the food and the number of trial errors were recorded. Trial errors were considered to have occurred if the rat went to an arm without feeding on the pellet or returned to an arm already visited during the trial. Only the median trial was selected for analysis to control for any learning effect on the subsequent trials.

Histological and Immunofluorescence Analyses

The rats (8 per group) were perfused and killed with 4% formaldehyde under deep anesthesia 12 weeks after the 2-VO surgery. Whole-brain tissues were prepared as frozen sections for histological and immunofluorescence analyses, as previously described.[4]

For the histological analysis, sections were stained with either H & E or Luxol fast blue (LFB) for myelin staining, as described previously.[19] At the same exposure level, 3 sections (per rat) were obtained, and 3 sections that were randomly chosen were observed using light microscopy. Quantitative analysis of histological changes was performed by two blinded observers and inspected by a pathologist professor (S.H.P.)

For distribution analysis, CELL-STALKER-CSR–labeled normal ECFCs were evaluated 4 weeks after ECFC injection in injured rats (n = 3) using fluorescence microscopy.

For the immunofluorescence analysis, sections were incubated with anti-CD31 (1:100, Abcam), anti–von Willebrand factor (vWF; 1:100, Abcam), anti-NeuN (1:50, Millipore), anti–myelin basic protein (MBP; 1:500, Abcam), anti–glial fibrillary acidic protein (GFAP; 1:500, Abcam), and anti–cleaved caspase-3 (1:100, Millipore). The Alexa-488 (1:400, Invitrogen) and Alexa-594 (1:400, Invitrogen) secondary antibodies were used. Positive cells that had identifiable nuclei and that were counterstained with DAPI within the hippocampal CA1 area in 3 randomly chosen sections per rat were averaged for quantification. The mean value of the 5 hot-spot counts was used in the following statistical analyses. Quantitative analysis of immunofluorescence was performed by two observers blinded to all groups through data collection.

Statistical Analysis

Statistical analyses were conducted with GraphPad Prism software. All experimental data are given as the mean and standard deviation. Repeated-measures ANOVA with a post hoc correction for multiple comparisons (Bonferroni) was used for analysis among the three groups. Significant differences were considered at p < 0.05. All in vitro experiments were conducted in triplicate.

Results

Identification of ECFCs Derived From Normal Volunteers and MMD Patients

First, we characterized the ECFCs obtained from the normal volunteers and MMD patients. Typical endothelial cobblestone morphology of the late ECFCs (Fig. 2A) and positive LDL uptake (Fig. 2B and D) were observed in both the normal and MMD ECFCs. However, we found that the normal ECFCs formed capillary tubes better than the MMD ECFCs in vitro (Fig. 2C and E, p < 0.001).

A flow cytometry analysis showed that viable cells from the ECFCs were uniformly positive for KDR, CD34, and CD31 but were negative for CD45 and CD14 (Fig. 2F, Supplemental Table S1). There were no differences in morphology, LDL uptake, or surface marker expression between the normal and MMD ECFCs in vitro.

Establishment of the CCH Rat Model and Distribution of Normal ECFCs

The rat survival rate was 63% (24/38) within the 72 hours following the 2-VO surgery. All 14 deaths occurred within the first 72 hours after the ischemic insult. The rats that survived exhibited decreased body weight or transient difficulties in feeding. We tested a total of 24 rats (8 rats per group) at the outset and analyzed these rats.

We observed the distribution of normal ECFCs after injection of the ECFCs labeled with CELL-STALKER-CSR into the cisterna magna. The fluorescence results demonstrated that positive cells were found in the hippocampal CA1 area and agranular cortex 4 weeks after the 2-VO surgery (Fig. 3).

Effect of ECFCs on Cerebral Perfusion

The CBF dropped rapidly to 54.5% ± 22.9% of the baseline level in all rats 1 hour after the 2-VO surgery. We found that the CBF values gradually recovered over 8 weeks in all groups. Interestingly, the CBF value was significantly higher in the normal ECFC-treated group (110.1% ± 13.4%) than in the vehicle-treated (61.8% ± 25.6%, p < 0.001) and MMD ECFC-treated (55.5% ± 17.3%, p < 0.001) groups at 12 weeks (Fig. 4). The CBF values did not significantly differ between the vehicle-treated and MMD ECFC-treated groups at any time point.

Effect of ECFCs on Cognitive Function

Excluding the habituation period, the assessments of learning performance began 1 week after the 2-VO surgery. The RAM results revealed that the 2-VO rats injected with normal ECFCs exhibited significantly shorter latency times (17.3%, p < 0.001) groups at 12 weeks (Fig. 4). The CBF values did not significantly differ between the vehicle-treated and MMD ECFC-treated groups at any time point.

Effects of ECFCs on Neurons and Myelin in the Hippocampal CA1 Area and the Agranular Cortex

The hippocampal CA1 area and the prefrontal agranular cortex are closely associated with cognitive function. First, we performed H & E staining to evaluate neuronal loss in the rats. There was extensive damage in the ve-
FIG. 2. Characterization of ECFCs from normal volunteers and MMD patients. A: Peripheral blood mononuclear cells from both normal and MMD ECFCs differentiated into a cobblestone-like morphology. Bar = 500 µm. B and D: The uptake of acetylated LDL of both normal and MMD ECFCs. Bar = 100 µm. C and E: Capillary network formation on Matrigel showing that normal ECFCs have better capillary formation abilities than the MMD ECFCs. ***p <0.001. Bar = 500 µm. F: Representative flow cytometry analysis of ECFCs revealing high expression of the surface markers KDR, CD34, and CD31, but low expression of CD45 and CD14.

FIG. 3. Distribution of normal ECFCs in the hippocampal CA1 area and agranular cortex. Representative fluorescence images showing that CELL-STALKER-CSR-labeled normal ECFCs (red) were observed 4 weeks after injection of the cells. Nuclei were counterstained with DAPI (blue). Bars = 100 µm.
Effect of ECFCs on Neovasculogenesis, Neurogenesis, and Apoptosis in the Hippocampal CA1 Area

After treatment with injection of the ECFCs into the cisterna magna of the CCH rats, the biological factors related to neovasculogenesis, neurogenesis, and apoptosis were evaluated via immunofluorescence analyses (Fig. 7, Supplemental Table S2). First, we observed the neovasculogenesis of the ECFCs. The normal ECFC-treated group showed a significantly greater amount of CD31- and vWF-positive cells than the vehicle-treated group (p < 0.01) and MMD ECFC-treated group (p < 0.05). Next, neovasculogenesis was more prominent in the normal ECFC-treated group. The normal ECFC-treated group demonstrated more NeuN- and MBP-positive cells than the vehicle-treated group (p < 0.01) and MMD ECFC-treated group (p < 0.05). In contrast, the GFAP expression levels were similar across groups. Finally, we found that the MMD ECFC-treated group exhibited a greater number of cleaved caspase-3–positive cells marked for apoptosis than the control vehicle-treated group (p < 0.05) and normal ECFC-treated group (p < 0.01).

Discussion

In this study, we evaluated the therapeutic effect of ECFCs of normal volunteers and MMD patients on chronic hypoperfusion in a CCH rat model. Restoration of cerebral perfusion and improved learning ability were observed in the normal ECFC-treated group but not in the control vehicle-treated group or MMD ECFC-treated group at 12 weeks. These results were confirmed by pathological examination, namely, an increase in CD31- and NeuN-positive cells and a decrease in cleaved caspase-3–positive cells.

Despite the extensive efforts that have been made, an experimental animal model of MMD has not yet been established. Various animal models using inflammatory and immunological reactions, such as a serum sickness model, a Propionibacterium acnes–infected model, and an N-acetylmuramyl-L-alanyl-d-isoglutamine injection model, have been designed, but none of them exhibit any stenotic lesions in the cerebral artery or the development of collateral vessels.\(^5\,\,17,18\) After the recent identification of ring finger protein 213 (RNF 213) as a susceptible gene for MMD through genetic studies,\(^6\) RNF 213–deficient homozygous knockout mice were studied. Unfortunately, no stenocclusive lesions of the cerebral vasculature developed in this model, as they did in the other models.\(^31\)

As it is impossible to reproduce MMD itself in animals, the vascular occlusion model is a good alternative.
The middle cerebral artery (MCA) occlusion (MCAO) model and the 2-VO model are representative animal models that use occlusion in rodents. The MCAO model is widely used for the study of acute stroke and reperfusion injuries because it forms a lesion immediately after occlusion without collateral damage. On the other hand, with the 2-VO model, a chronic hypoperfusion state arises from decreased CBF. This creates a similar hemodynamic environment to that present in MMD. The 2-VO model has been used primarily to study chronic diseases such as neurodegenerative disease and vascular dementia, and it has also been used as a model of MMD. Although the 2-VO model is not progressive, a persistent decrease, but not a complete cessation, in perfusion around the circle of Willis in this model is analogous to the hemodynamic status observed in MMD. In this study, we selected a CCH animal model with 2-VO in rats for the study of MMD. Although it is not identical and has some limitations, we believe that, currently, the 2-VO model is a suitable one for inferring the function of ECFCs in MMD, and it is henceforth useful. Wistar rats are ideal for use in a chronic hypoperfusion model via 2-VO in rats for the study of MMD. Although it is not identical and has some limitations, we believe that, currently, the 2-VO model is a suitable one for inferring the function of ECFCs in MMD, and it is henceforth useful. Wistar rats are ideal for use in a chronic hypoperfusion model via 2-VO because they have a significantly greater number of proximal (small-caliber) side branches in the long proximal MCA segment compared with other rats.

Because of the lack of an in vivo model, previous studies of ECFCs in MMD were performed in vitro. A Matrigel plug assay was the only type of in vivo study of MMD ECFCs that had been conducted until now. Matrigel plug assay can be performed in vivo, it is a simple method that solely focuses on identifying neovasculogenesis in the localized environment under the influence of a foreign matrix. Furthermore, the subjects used for Matrigel plug assays were not designed to mimic MMD. The previous MMD studies using the CCH model in rats evaluated the effect of gene therapy under the ischemic status induced by the model, but they did not evaluate MMD ECFC function itself. In this study, it is meaningful that the function of MMD ECFCs was evaluated in comparison with the in vivo animal model.

Here, we investigated the impaired functional recovery of MMD ECFCs in vivo. Our data demonstrated that normal ECFCs have a protective effect on cognitive impairment induced by chronically decreased cerebral perfusion with a delayed recovery of blood flow, whereas the MMD ECFCs exhibited no effect without a recovery in the CCH rat model. Upon histopathological examination—including immunofluorescence analysis of the hippocampus and agranular cortex of the subjects—induced neovasculogenesis, preserved neuronal cells, and decreased apoptosis were evident in the normal ECFC-treated group. In contrast, impaired neovasculogenesis, neuronal loss, and apoptosis were observed in the MMD ECFC-treated group, similar to the vehicle-treated group. The neuroprotective effect of the ECFCs caused by neovasculogenesis has been consistently addressed and has been studied as a treatment for ischemic stroke. The results of our study showed that MMD ECFCs lack this capability.
Increasing evidence has suggested that ECFCs play an important role in the pathological neovascularization in patients with MMD and that this role involves the dynamic interplay between arterial occlusion and neovascularization. Because of the complex pathophysiology of this disorder and limited techniques, there is still some controversy regarding the characterization of ECFCs in MMD. A previous study showed a reduced number of colony-forming units in ECFCs and a higher yield of outgrowth cells in MMD. These characteristics can reflect the complicated conditions of vascular occlusion and abnormal neovascularization in MMD. In our study, we reconfirmed a decrease both in the number of colony-forming units and in the tubule formation ability in MMD ECFCs compared with normal ECFCs.

In addition to the ECFC abnormalities, smooth muscle progenitor cells (SMPCs) and chemokines between the two cells are also thought to play a role in intimal thickening and proliferation of smooth muscle, which are characteristic of MMD. Experiments on MMD SMPCs or other chemokines were not performed in this study, and these aspects need to be addressed in future studies. However, because it is believed that MMD ECFCs play a major role in the dysfunction of both ECFCs and SMPCs and the interaction between them, rather than MMD SMPCs, it is important to provide a basis for future studies by identifying the functional abnormalities of MMD ECFCs in vivo using animal models. In our study we applied the 2-VO rat model, which is a suitable one for inferring the function of ECFCs in MMD, and we first identified and verified the abnormal and decreased angiogenic potential of MMD ECFCs in this rat model.

Conclusions
In this study we suggested the defective function of MMD ECFCs in a CCH rat model. Our results implied that abnormalities of ECFCs in terms of neovascularization and neurogenesis might lead to MMD. The fine-tuning of an animal model that can reproduce the dysfunction in MMD would be meaningful as it could be a cornerstone to the study of the pathophysiology and therapeutic targets of this disease.

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**Disclosures**
The authors report no conflict of interest concerning the materials or methods used in this study or the findings specified in this paper.

**Author Contributions**
Conception and design: Kim, Choi. Acquisition of data: Choi, Kwak, Moon, Jangra. Analysis and interpretation of data: Choi, Kwak, Park. Drafting the article: Choi, Chong. Critically revising the article: Kim, Choi, Phi, Lee, Park. Reviewed submitted version of manuscript: Choi. Study supervision: Kim.

**Supplemental Information**
Online-Only Content
Supplemental material is available with the online version of the article.

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