Reoperations within 48 hours following 7942 pediatric neurosurgery procedures

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OBJECTIVE Various indicators are used to evaluate the quality of care delivered by surgical services, one of which is early reoperation rate. The indications and rate of reoperations within a 48-hour time period have not been previously reported for pediatric neurosurgery.

METHODS Between May 1, 2009, and December 30, 2014, 7942 surgeries were performed by the pediatric neurosurgery service in the operating rooms at a single institution. Demographic, socioeconomic, and clinical characteristics associated with each of the operations were prospectively collected. The procedures were grouped into 31 categories based on the nature of the procedure and underlying diseases. Reoperations within 48 hours at the conclusion of the index surgery were reviewed to determine whether the reoperation was planned or unplanned. Multivariate logistic regression was employed to analyze risk factors associated with unplanned reoperations.

RESULTS Cerebrospinal fluid shunt– and hydrocephalus-related surgeries accounted for 3245 (40.8%) of the 7942 procedures. Spinal procedures, craniotomy for tumor resections, craniotomy for traumatic injury, and craniofacial reconstructions accounted for an additional 8.7%, 6.8%, 4.5%, and 4.5% of surgical volume. There were 221 reoperations within 48 hours of the index surgery, yielding an overall incidence of 2.78%; 159 of the reoperation were unplanned. Of these 159 unplanned reoperations, 121 followed index operations involving shunt manipulations. Using unplanned reoperations as the dependent variable (n = 159), index operations with a starting time after 3 pm and admission through the emergency department (ED) were associated with a two- to threefold increase in the likelihood of reoperations (after-hour surgery, odds ratio [OR] 2.01 [95% CI 1.43–2.83, p < 0.001]; ED admission, OR 1.97 (95% CI 1.32–2.96, p < 0.05)).

CONCLUSIONS Approximately 25% of the reoperations within 48 hours of a pediatric neurosurgical procedure were planned. When reoperations were unplanned, contributing factors could be both surgeon related and system related. Further study is required to determine the extent to which these reoperations are preventable. The utility of unplanned reoperation as a quality indicator is dependent on proper definition, analysis, and calculation.

KEY WORDS reoperation; pediatric neurosurgery; quality assurance

Abbreviations: ACGME = Accreditation Council for Graduate Medical Education; ED = emergency department; EVD = external ventricular drain; ICP = intracranial pressure; ICU = intensive care unit; LP = lumboperitoneal; NICU = neonatal ICU; SP/CP = subdural-peritoneal/cyst peritoneal; VA = ventriculoatrial; VAD = ventricular access device; VP = ventriculoperitoneal.
adverse events that occurred intraoperatively. These events are more likely to be modifiable because they occurred in a relatively controlled environment (operating room). That being said, it should be noted that the shortened period will not eliminate the contributions of the preoperative factors to complication occurrence.

In the present study, we report the incidence of early reoperation after 7942 pediatric neurosurgical procedures in a single institution. The characteristics of both surgeries and patients are described and analyzed for their associations with the reoperation. Lessons learned, preventability, and future directions will then be discussed.

**Methods**

**Inclusion and Exclusion Criteria**

This study included 7942 neurosurgical procedures (index surgery) that were performed in the operating rooms between May 1, 2009, and December 30, 2015, at Children’s Healthcare of Atlanta. Neurosurgical procedures performed in the intensive care units (ICUs) were not included. These neurosurgical procedures were performed by board-certified and board-eligible pediatric neurosurgeons and fellows.

**Categorizing Neurosurgical Procedures**

All procedures, as shown in Table 1, were categorized and subcategorized based on review of operative reports and electronic medical records. The categories were adapted from the Accreditation Council for Graduate Medical Education (ACGME) Neurological Surgery–defined case categories (CPT code mapping areas) with modifications. For instance, ventricular access device placement falls under “minor procedure” in the ACGME case categories but is labeled as a stand-alone category in this study because of the frequency of this operation in the pediatric population. This categorization was used in our previous studies.10

If a patient underwent two separate procedures in a single operation, the procedure of higher acuity, adjudicated by the senior author (J.J.C.), was designated to be the representative procedure and categorized as such. For example, if a patient underwent external ventricular drain (EVD) placement and craniotomy for tumor resection during a single visit to the operating room, the procedure is categorized as a “craniotomy for tumor resection.” However, if the EVD and tumor resection were performed in two separate visits to the operating room, they were then counted as two separate procedures.

Shunt-related surgeries were categorized by involved anatomical compartments: ventriculo-peritoneal (VP), ventriculo-atrial (VA), lumbo-peritoneal (LP), subdural-peritoneal/cyst peritoneal (SP/CP), syrinx-pleural, ventriculopleural, and lumbo-pleural. These were then further subdivided into “shunt insertion” and “shunt revision” categories. A final category was added to characterize surgeries that required shunt externalization or removal. If a shunt insertion or revision was accompanied by endoscopic fenestration of loculated ventricular cysts, it was categorized as a shunt procedure and not an endoscopic procedure.

Outside of CSF shunt procedures, three other categories are labeled as a stand-alone category in this study because of the frequency of this operation in the pediatric population. This categorization was used in our previous studies.10

VNS = vagal nerve stimulator.

* Adapted from ACGME-defined categories.
tions, for osteomyelitis, and for fibrous dysplasia, among others.

Within the spinal procedures, instrumented fusions were separated from the remaining spinal procedures. The “laminectomy” category included simple and complex tethered cord release, cervical laminectomy, and spinal cord neoplasm resection.

The last category, “others,” had a “minor” section that included intracranial pressure (ICP) monitor placement, application or removal of halo orthosis, placement of lumbar drain, muscle and/or nerve biopsies, and others. This category also included cases that were cancelled or aborted intraoperatively.

Other Data Fields

Demographic, socioeconomic, and clinical characteristics were prospectively collected electronically with the following software: Epic ASAP (emergency department [ED]), OpTime (surgical department), EpicCare Inpatient (inpatient service), and ADT (admission-discharge-transfer application). Demographic data fields that were collected included age, primary language, race/ethnicity, zip code, and primary payer status (public assistance and self-pay vs private insurance). Clinical data fields included surgeon identity, length of hospital stay, procedure start and finish times, admission sources (elective same-day admissions vs admission from ED vs inpatient status at the time of surgery), airway status after surgery, CPT code and surgeon-dictated procedure comments (a short description entered by operating room circulating nurses), and operative reports. If surgery began after 3 PM but before 7 AM, it was labeled as an “after hour” surgery. This specific time point was chosen as shift change for nurses at our institution begins at 3 PM. Admissions to pediatric and neonatal ICUs (NICUs) after the surgery were also captured.

If an index procedure was followed by another neurosurgical procedure within 48 hours from the procedure stop time, the index procedure was designated as an event of interest. If the reoperation was followed by another neurosurgical procedure within 48 hours, the reoperation itself was also labeled as an event. There were 5 such incidents (having 3 neurosurgical procedures within a 5-day period) in the study period.

Statistical Analysis

Multivariate logistic regression analysis was used to assess whether risk factors independently correlated with dependent variables. The multivariate model was constructed based on the following independent variables: age (in months), self-pay or public assistance pay, Caucasian race (yes/no), English speaking (yes/no), admission from ED (yes/no), ICU (including NICU or pediatric ICU) stay after surgery (yes/no), procedure start time after 3 PM (yes/no), posting status (emergency surgery vs others), admission source (elective outpatient admission vs others), intubation status after the surgery, and surgeon identity. Collinearity among variables was detected if the tolerance value was less than 0.2. Univariate associations of surgery types with various dependent variables were analyzed, and those surgery types that were found to be significant (p < 0.05) were entered into the multivariate analysis.

Results

Patient and Surgery Characteristics

Descriptive statistics of the patient cohort and surgeries are provided in Tables 1 and 2, respectively. Approximately 25% of patients were under 1 year of age. A substantial number of patients were admitted through the ED (38.8%); 7.4% of the procedures were posted as emergent or urgent, and 17.2% started after 3 PM; 36.6% of the patients were discharged from the operating room to the ICU. These descriptions reflect the overall high-acuity nature of neurosurgical patients, as well as the fact that the need for neurosurgical interventions can be unpredictable.

The most commonly performed procedures were shunt related. Shunt-related procedures accounted for 3245 (40.9%) of the 7942 index surgeries. In the study period, 1102 new shunts were implanted. As expected, there were more VP shunts than VA shunts being inserted and revised.

The most common craniotomies were for tumor resections (n = 541), traumatic injury (n = 346), craniosynostosis repair (n = 359), and Chiari decompression (n = 311). Together, they represented 1557 of 2813 cranial cases (55.4%). Craniotomy for epilepsy and cranioplasty procedures, which included patients with congenital skull defect

<table>
<thead>
<tr>
<th>Variable</th>
<th>Value (%)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean age (mos)</td>
<td>88.7</td>
</tr>
<tr>
<td>Age &lt;1 yr</td>
<td>2000 (25.2)</td>
</tr>
<tr>
<td>Mean hospital LOS (days)</td>
<td>12.2</td>
</tr>
<tr>
<td>LOS &lt;3 days</td>
<td>4050 (51.0)</td>
</tr>
<tr>
<td>English as primary language</td>
<td>7263 (91.5)</td>
</tr>
<tr>
<td>Caucasian</td>
<td>4469 (56.5)</td>
</tr>
<tr>
<td>Medicaid/Medicare as the primary payer</td>
<td>4274 (53.8)</td>
</tr>
<tr>
<td>Admission from ED</td>
<td>3084 (38.8)</td>
</tr>
<tr>
<td>Elective admission on day of surgery</td>
<td>4577 (57.6)</td>
</tr>
<tr>
<td>Urgent &amp; emergent surgery</td>
<td>589 (7.4)</td>
</tr>
<tr>
<td>Surgery starting after 3 PM</td>
<td>1363 (17.2)</td>
</tr>
<tr>
<td>Remained intubated after surgery</td>
<td>1370 (17.3)</td>
</tr>
<tr>
<td>ICU admissions</td>
<td>2909 (36.6)</td>
</tr>
<tr>
<td>NICU admissions</td>
<td>806 (10.1)</td>
</tr>
<tr>
<td>Multiple surgeries during same admission</td>
<td>755 (9.5)</td>
</tr>
<tr>
<td>Surgeon No.</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>1998 (25.2)</td>
</tr>
<tr>
<td>2</td>
<td>1605 (20.2)</td>
</tr>
<tr>
<td>3</td>
<td>1503 (18.9)</td>
</tr>
<tr>
<td>4</td>
<td>1680 (21.2)</td>
</tr>
<tr>
<td>5</td>
<td>719 (9.1)</td>
</tr>
<tr>
<td>6</td>
<td>148 (2.0)</td>
</tr>
<tr>
<td>Others</td>
<td>289 (3.6)</td>
</tr>
</tbody>
</table>

* Values are number of patients (%) unless otherwise indicated.

LOS = length of stay.

TABLE 2. Patient characteristics and other variables associated with 7942 index surgeries
and patients who underwent decompressive craniectomy, were the next two most commonly performed major cranial procedures (Table 1).

Among the “spinal procedures,” treatment for occult spinal dysraphism, including filum lipoma, dermal sinus tract, dermoid tumor, diastematomyelia, and lipomyelo-meningocele, was the most common (n = 558). There were 134 spinal fusions, including occipitocervical fusions. Last, in the “others” category, it was notable that the number of cases of wound revision and washout was significant (n = 263, 7.2% of all cases). Under the “minor” category, there were 143 cases of ICP monitor placement, 40 cases of halo vest placement, 20 cases of halo vest removal, 35 cases of lumbar drain placement, 27 cases of lumbar puncture, and 13 aborted cases, among other procedures.

Reoperations Within 48 Hours of Index Surgery

The rate of early reoperations for each category is reported in Table 3. There were 221 reoperations (2.78%) within 48 hours of the conclusion of the index surgery. Three physicians (senior neurosurgical resident, pediatric neurosurgery fellow, and a board-certified pediatric attending) adjudicated on whether the reoperation was “planned” or “unplanned” (J.C., M.S., and J.J.C., respectively). There were complete agreements in 213 cases; for the remaining 8 cases, the final decision was based on the majority opinion. There were 62 planned reoperations and 159 unplanned reoperations.

Among the 62 planned reoperations, the most common scenarios were EVD placement followed by tumor resection (n = 16), and EVD or ICP monitor placement to discern shunt function followed by shunt revision (n = 13). Other scenarios included shunt placement after myelomeningocele closure (n = 8) and halo vest placement to facilitate traction prior to occipitocervical fusion (n = 4). There were 6 cases in which the ventriculoatrial shunt was externalized, then later internalized (reoperation), because general surgeons were not available at the time of the index procedure for vascular access.

Among the 159 index surgeries that were followed by unplanned reoperations, 117 were shunt related (Table 3). Therefore, unplanned reoperation rate for shunt-related surgeries was 3.6% (117/3245). The indications for these reoperations were as follows: intraventricular or subdural hematoma formation (n = 6), positive CSF culture (n = 5), less than optimal proximal or distal catheter location (n = 16), and poor wound closure (n = 3). In 10 cases, after shunt revision or insertion, loculation of the ventricular space was discovered and a second catheter was placed or an endoscopic fenestration procedure was performed. In the remaining cases (n = 77), neurological symptoms persisted after shunt revision, and imaging failed to identify obvious causes. The resulting unplanned reoperations were ICP monitor placement, shunt externalization, or shunt explorations.

Indications for unplanned reoperations after cranial procedures included incomplete resection of tumor, bleeding from tumor bed, subdural or epidural bleed away from surgical sites, and decompressive craniectomy to treat brain swelling. There were 6 cases of decompressive craniectomy or intraparenchymal hematoma evacuation after initial intracranial hematoma evacuation. Ventricular access devices (VADs) and EVDs were replaced because of clotting or accidental removal of the device, respectively. In 2 cases, acute failure after endoscopic third ventriculostomy required immediate reoperations. Last, there were 3 cases in which the index surgery was aborted due to anesthesia-related concerns, and the patients were taken back to the operation room within 48 hours.

### Risk Factors Associated With Reoperations

Univariate and multivariate analyses were used to identify clinical and demographic factors that were predictive of unplanned reoperations (n = 159). The results of the univariate and multivariate analyses are summarized in
Table 4 and Table 5, respectively. In the univariate analysis, NICU admission after surgery was identified as a protective factor against early reoperations. In this group of patients, the most common procedures were VAD insertion, myelomeningocele closure, and shunt insertion, all of which have a relatively lower reoperation rate.

In the multivariate analysis, patients who were admitted from the ED prior to their index operation were twice as likely to undergo an unplanned reoperation within 48 hours. Furthermore, index procedures starting after 3 PM and before 7 AM were twice as likely to require unplanned reoperation compared with others. Last, reoperations were more common after shunt surgery than after other surgical categories.

Discussion
Reoperations in Neurosurgery

The study of reoperations as a quality metric has been suggested in general surgery but has only recently received attention in the field of neurosurgery. The goal of such analysis is to identify modifiable factors to reduce reoperations and eventually improve patient outcome. We chose to focus on 48-hour reoperation rates to identify immediate perioperative factors that could be targeted for improvement. Although no studies have directly addressed this topic, there is some precedence to the analysis of very early reoperations. Mazur et al. analyzed early complications and reoperations during 127 occipitocervical fusions in pediatric patients. They reported 4 reoperations within the first 48 hours due to malpositioned cervical screws. This was an important factor as the later introduction of the O-arm led to no further instances of immediate hardware failure. Foroulis et al. analyzed early reoperations in patients who underwent general thoracic surgical procedures and reported that 33 of 719 patients underwent early reoperations. In this category, 9 patients were found to have required reoperations for postoperative bleeding, the majority of which occurred on the 1st postoperative day.

A comprehensive literature search on reoperations in neurosurgery revealed only 4 studies on the topic with no studies specifically examining 48-hour reoperation rates.

Mukerji et al. reviewed their records for pediatric patients treated over a 2-year period at a tertiary care center in England. A total of 410 operations were analyzed, and the unplanned, 30-day reoperation rate was 17%. The two main risk factors associated with reoperations were a CSF diversion procedure and an urgent procedure, which was defined as one that was performed outside the hours of 8 AM to 5 PM. An important factor to note is that trainees performed 52% of all urgent operations, sometimes without the presence of an attending neurosurgeon. However, whether the surgeon was an attending surgeon or a trainee did not correlate with the likelihood of reoperations in their univariate analysis.

Marini et al. studied unplanned reoperation rates as a tool to identify surgical adverse events. Over a course of six months, 1,006 neurosurgical procedures for patients over 18 years of age in a university hospital in France were prospectively followed. The 30-day unplanned reoperation rate was 9.2%. The causes of the reoperation were further dichotomized into those due to adverse events versus those resulting from the natural history of the disease. The rate of reoperation due to an adverse event was reported as 7.3%. An overall classification of the adverse events into hemorrhagic, infectious, and other is provided, but details on the index surgeries were not reported.
Lepänluoma et al.5 studied neurosurgical reoperations before and after implementation of the WHO surgical checklist over a 4-year period in Finland. In their study, only complication-related reoperations were reported, and planned reoperations and reoperations due to natural disease progression were not included. They found a decrease in their reoperation rate from 3.3% to 2.0% following the checklist implementation; however, the time interval during which these reoperations happened was not specified. Overall, the most common cause for reoperation was wound infection (45.6% before and 38.9% after checklist implementation). The two most common index operations that led to reoperations were shunt-related procedures and craniotomies for tumor resection.

McLaughlin et al.8 reviewed their adult and pediatric cases at a major US medical center over a 4-year period, identifying 6912 cases, and they found an unplanned return-to-operating-room rate of 2.6% during a 7-day period. When the index surgery was a shunt-related procedure, the 7-day unplanned reoperation rate was 5.5%. This is consistent with our 2-day unplanned shunt reoperation rate of 2.78% and suggests that an additional 2%–3% of patients may undergo reoperations between 2–7 days postoperatively. When the index surgery was a craniotomy for tumor resection or decompressive hemispherectomy, the 7-day unplanned reoperation rates were 2.0% and 4.2%, respectively. Again, this is consistent with our results of 2-day reoperation rates of 0.9% and 1.7% for these 2 categories, respectively. Despite the differences in patient populations, health care delivery system and localities, the results are surprisingly similar and suggest that reoperation rates (in the defined, short time frame) may be considered as a useful benchmark.

Areas for Improvement

Analysis of our results revealed an overall reoperation rate of 2.78% and an unplanned reoperation rate of 2% in the 48-hour period after the conclusion of the index surgery. The multivariate analysis highlighted two key areas that could be targeted for improvement: admission from the ED and cases starting after 3 PM and before 7 AM. The finding of a higher reoperation rate for patients admitted from the ED may reflect the overall higher acuity of these patients’ pathology, but it may also reflect socioeconomic factors that could promote more frequent ED usage in certain patient groups. Further study is needed to differentiate the underlying causes of this observed phenomenon so that intervention can be targeted. The finding of a higher reoperation rate being correlated with after hour surgery could be a reflection of suboptimal patient care. At our institution, a shift change for the operating room staff occurs at these hours, and after hour workers are not as familiar with neurosurgical cases. This could be a potential area for investigation. In their study, Mukerji et al.9 also found a higher reoperation rate for the index procedures performed outside the hours of 8 AM to 5 PM. One potential difference to account for their higher overall reoperation rate could be that all pediatric cases at our institution have an attending neurosurgeon scrubbed in, regardless of the hour. We are in the process of implementing some quality improvement reforms to specifically target these off-hour surgeries. These changes include a heightened awareness to protocol on the part of the attending neurosurgeon and resident covering these cases, better education for the involved staff, and restricted traffic flow into the operating room around shift change.

Within the subset of our unplanned reoperations, the majority (73.5%) were shunt related. Recently, Venable et al.13 attempted to refine the analysis of shunt-related reoperations by focusing on the “Preventable Shunt Revision Rate.” Preventable failure included infection, a malpositioned proximal or distal catheter, or an inadequately secured valve. This was not specifically measured in our study and is certainly an area for future investigation. When we examine our shunt reoperations specifically for preventability, several points are worth mentioning. One can argue that intraoperative imaging could be beneficial. However, given the overall small number of malpositioned catheters in our study, confirming a substantial benefit would likely require accumulating data over several years. Aside from heightened monitoring of operating room traffic, we believe we may be approaching the limits of what is possible with current technology in reducing infection. As an academic institution and a training program, we do not think it is practical to limit a single surgeon to the case. Finally, our study did not address the possibility that some of these reoperations and ED utilization may occur in a small group of patients whose shunt functions are difficult to assess and who habitually use the ED as point of access to care. If such a group of patient can be clearly identified, further targeted care may be possible.

Conclusions

Very early reoperation rates may allow us to study factors that could be definitively targeted to reduce reoperations and improve patient outcomes. We could only attribute a small number of our 48-hour reoperations to modifiable intraoperative events. The usefulness of an early reoperation rate as a quality measure remains uncertain.

References


Disclosures
The authors report no conflict of interest concerning the materials or methods used in this study or the findings specified in this paper.

Author Contributions
Conception and design: Chern. Acquisition of data: Bozeman, Sarda. Analysis and interpretation of data: Chern, Roy, Bozeman, Sarda. Drafting the article: Chern, Roy, Chu, Bozeman, Sawvel. Critically revising the article: Chern, Roy, Chu, Sawvel. Reviewed submitted version of manuscript: all authors. Statistical analysis: Bozeman, Sarda.

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