Normalization of brain morphology after surgery in sagittal craniosynostosis

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OBJECTIVE Nonsyndromic craniosynostosis (NSC) is associated with significant learning disability later in life. Surgical reconstruction is typically performed before 1 year of age to correct the cranial vault morphology and to allow for normalized brain growth with the goal of improving cognitive function. Yet, no studies have assessed to what extent normalized brain growth is actually achieved. Recent advances in MRI have allowed for automated methods of objectively assessing subtle and pronounced brain morphological differences. The authors used one such technique, deformation-based morphometry (DBM) Jacobian mapping, to determine how previously treated adolescents with sagittal NSC (sNSC) significantly differ in brain anatomy compared with healthy matched controls up to 11.5 years after surgery.

METHODS Eight adolescent patients with sNSC, previously treated via whole-vault cranioplasty at a mean age of 7 months, and 8 age- and IQ-matched control subjects without craniosynostosis (mean age for both groups = 12.3 years), underwent functional 3-T MRI. Statistically significant group tissue-volume differences were assessed using DBM, a whole-brain technique that estimates morphological differences between 2 groups at each voxel (p < 0.01). Group-wise Jacobian volume maps were generated using a spacing of 1.5 mm and a resolution of $1.05 \times 1.05 \times 1.05$ mm$^3$.

RESULTS There were no significant areas of volume reduction or expansion in any brain areas in adolescents with sNSC compared with controls at a significance level of p < 0.01. At the more liberal threshold of p < 0.05, two areas of brain expansion extending anteroposteriorly in the right temporooccipital and left frontoparietal regions appeared in patients with sNSC compared with controls.

CONCLUSIONS Compared with previous reports on untreated infants with sNSC, adolescents with sNSC in this cohort had few areas of brain dysmorphology many years after surgery. This result suggests that comprehensive cranioplasty performed at an early age offers substantial brain normalization by adolescence, but also that some effects of vault constriction may still persist after treatment. Specifically, few areas of expansion in frontoparietal and temporooccipital regions may persist. Overall, data from this small cohort support the primary goal of surgery in allowing for more normalized brain growth. Larger samples, and correlating degree of normalization with cognitive performance in NSC, are warranted.

http://thejns.org/doi/abs/10.3171/2015.7.PEDS15221

KEY WORDS magnetic resonance imaging; voxel-based morphometry; deformation-based morphometry; craniofacial; sagittal craniosynostosis

ABBREVIATIONS DBM = deformation-based morphometry; DTI = diffusion tensor imaging; fMRI = functional MRI; NSC = nonsyndromic craniosynostosis; sNSC = sagittal NSC; WISC-III = Wechsler Intelligence Scale for Children, Third Edition.


INCLUDE WHEN CITING Published online December 18, 2015; DOI: 10.3171/2015.7.PEDS15221.

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Craniosynostosis results from the premature pathological fusion of the calvarial sutures. It is an uncommon, but not rare, condition of infancy occurring in 1 in 2000 to 1 in 2500 live births. Fusion of the sutures results in abnormal calvarial and concomitant brain morphology as the tissue is forced to expand into areas where there is lack of restriction. Isolated fusion of the sagittal suture, or sagittal nonsyndromic craniosynostosis (sNSC), represents the most common form of craniosynostosis, comprising 40%–60% of all isolated cases, and results in the hallmark head shape deformity, scaphocephaly. If left untreated, the deformity progresses; therefore, surgical release of the vault has often been performed in the first year of life to allow for both normalized head shape, as well as more normalized brain growth.

Currently, recent reports show that as many as 50% of children with sNSC grow to have some form of cognitive disability, despite having IQs in the normal range. The most common issues reported in children with sNSC include those involving attention and behavior (executive function), language, and visuospatial processing. Therefore, an impetus for early intervention is to hopefully improve or attenuate these perceived cognitive deficits, with the assumption that surgery may allow for a more normalized brain growth pattern.

Yet, to date, no studies have been conducted to assess whether this primary endpoint of surgery is reached in older children with sNSC, i.e., whether the vault remodeling in infancy does, in fact, ultimately lead to a normal brain morphology. We aimed to address this question using a novel advanced MRI technique, deformation-based morphometry (DBM) Jacobian determinant mapping, that allowed accurate quantification of where and how the brains of adolescents with sNSC, up to 11.5 years after whole-vault reconstruction, differ in anatomy in relation to a group of age- and IQ-matched healthy adolescent controls.

Methods

Study Populations

This was a prospective cohort study performed with approval from the Yale School of Medicine Human Investigations Committee. We studied 8 adolescents (mean age 12.3 years) with sNSC (treated by Drs. Persing and Duncan) via whole-vault cranioplasty at Yale-New Haven Hospital and 8 control children (mean age 12.3 years) without craniosynostosis. Whole-vault cranioplasty was defined as remodeling of the anterior and posterior skull and the parietal region, as described previously by Persing et al. A retrospective chart review of patients with isolated sagittal synostosis between the ages of 11 and 14 years was performed. Operative summaries were reviewed to confirm the diagnosis of isolated sagittal synostosis. Patients meeting inclusion/exclusion criteria after chart review were contacted to participate and all children still residing within acceptable travel distance to Yale-New Haven Hospital agreed to enroll. Control children were selected from an existing Yale Child Study Center control database based on matching criteria. Exclusion criteria required that children with sNSC did not exhibit signs of syndromic craniosynostosis (specifically extracranial skeletal manifestations), and both groups of children were without cranial prostheses, mental retardation, known neurological or psychiatric disorders, history of traumatic head injury, or intracranial hemorrhage. As illustrated in Table I, the two groups were group-matched by age, sex, race, and handedness, as well as by performance IQ and verbal IQ as measured by the Wechsler Intelligence Scale for Children, Third Edition (WISC-III). Matching criteria were selected based on consultation from academic child psychiatrists and neuroimaging experts at the Yale Child Study Center and the departments of neurosurgery and diagnostic radiology to ensure limitation of confounders that could affect imaging results.

Image Acquisition and Registration

All of the MR images were obtained on a single 3-T Siemens Tim Trio MRI system with a 32-channel polarized head coil. Images were obtained using a sagittal, 3D, integrated parallel acquisition technique with TR 1900 msec, TE 2.96 msec, flip angle 9°, matrix size 256 × 256, slice thickness 1 mm, and 160 contiguous slices.

To facilitate better image registration, we used the FM-RIB Software Library’s brain extraction tool to remove the skull and meninges from each subject’s 3D anatomical image. Any remaining skull or meninges were removed manually. Five nonlinear registrations were computed within the Yale BioImageSuite software package between the individual brain extracted 3D reference image (the Colin Brain, Holmes et al., 1998) in Montreal Neurological Institute space (Evans et al., 1993) using the intensity-only component of the method reported in Papademetris and colleagues. The first registration was performed with a control spacing of 15 mm. It was then used as the starting point for the second registration, which was performed with a control spacing of 10 mm. The 3 subsequent registrations each used the previous registration as the starting point and continued to get more refined with a control spacing of 5 mm, 2 mm, and finally 1.5 mm. All subjects’ registrations were visually inspected to ensure accuracy.

Deformation-Based Morphometry and Jacobian Mapping

Jacobians, or Jacobian determinants, are measures of...
Jacobian Analysis

The nonlinear registrations computed within BioImageSuite were used to produce Jacobian maps of local expansion/contraction where each voxel has a value representing the local volume change required to map that voxel of an individual participant’s brain to the reference Montreal Neurological Institute Brain. The Jacobian maps were generated using a spacing of 1.5 mm and a resolution of 1.05 × 1.05 × 1.05 mm³. This process was completed for all participants in both sNSC and control groups using a spacing of 1.5 mm and resolution of 1.05 mm³ (Fig. 2). Average maps were then generated using the individual Jacobian maps for each group (Fig. 3). Finally, the sNSC and control average Jacobian maps were compared against each other. To measure the smoothness of the data, the Analysis of Functional NeuroImages’ 3dFWHMx program was used on the residuals of the t-tests and found a smoothness of 6.57 × 7.22 × 6.87 mm. This smoothness was imparted into AFNI’s AlphaSim program to determine the proper cluster for multiple comparison correction, which resulted in a cluster of 1775 mm³ at a significance threshold of p < 0.01 and 7425 mm³ at a significance threshold of p < 0.05. When comparing the sNSC and control groups, voxels that had a t value greater than 2.974 (p < 0.01) and were part of a spatially contiguous cluster size of 1775 mm³ were considered to be significantly different. Also included were the more liberal exploratory data in which voxels had a threshold of a t value greater than 2.144 (p < 0.05) and were part of a spatially contiguous cluster size of 7425 mm³.

Results

As illustrated in Fig. 4, direct statistical comparison of Jacobian parametric maps between the two groups revealed no areas of pronounced or localized group brain differences at the predetermined threshold of p < 0.01; specifically, there were no significant areas of volume reduction or expansion in any brain areas in adolescents with sNSC compared with controls at the p < 0.01 threshold. Only at the more liberal statistical threshold of p < 0.05 did areas of localized brain expansion appear in sNSC compared with controls. These areas of brain expansion extended anteroposteriorly in the right temporooccipital and left frontoparietal regions (Brodmann areas 41, 39, 22, and 19, and 6, 4, 3, 2, and 1, respectively).

Discussion

A critical question in the treatment of sNSC is that of cognitive function. The most recent data strongly suggest that infants with sNSC can be identified to have significantly impaired cognitive, motor, and/or language development prior to treatment.7,10–12,35,38,57 Starr and colleagues recently found infants with sNSC have up to a 2.0 increased odds of delayed mental, psychomotor, and/or language development compared with their healthy, typically developing counterparts.58 Even after treatment, up to 50% of adolescents with sNSC continue to experience problems in attention and behavior, language, and visuo-spatial processing, despite having a normal IQ.5,40,57 The goal of early surgery to provide excellent cosmetic outcomes through vault reconstruction has been well established.17,25,41,43,46 However, the question “does surgery assist in normalized brain development and improved cognitive performance later in life?” is one of great importance. Recent studies have offered evidence of the value of early vault release in preventing or abating cognitive deficit later in life. A large, well-powered, and appropriately designed study using the most up-to-date neurocognitive assessments revealed that earlier vault release, performed before 6 months of age, is associated with improved intellectual and developmental quotient outcomes later in life.49 Furthermore, another recent study demonstrated that a more comprehensive remodeling technique confers a significantly better intellectual and developmental outcome compared with the widely employed modified strip craniectomy.26 Modified strip craniectomy has gained popularity recently as it is associated with less operative time, less blood loss, and can be performed at an earlier age,4,5,8,34 but the aforementioned findings indicate that long-term outcomes on functional performance may not be equiva-
lent. While further study is needed, these studies appear to align and indicate that maximum neurocognitive benefit is achieved by early comprehensive vault remodeling.

The coupling of advanced functional MRI (fMRI) and diffusion tensor imaging (DTI) provided novel insight into understanding the aforementioned cognitive deficit in these children. Until recently, the few existing basic clinical MRI studies have failed to identify any overt and consistent brain structure malformations in sNSC. Recently, fMRI demonstrated that children with sNSC have altered functional brain connectivity in regions responsible for the cognitive functions observed to be delayed in the sNSC population. Specifically, the prefrontal cortex, which is responsible for executive function, and the left lateral parietal cortex, which is responsible for language and visuospatial processing, have significantly altered connectivity in children with sNSC compared with controls. Significant connectivity differences involving the default mode network, which is the primary network at rest but is also needed to perform well in school-like tasks, are also altered in children with sNSC as compared with controls. Finally, DTI revealed trends toward altered white matter microstructure in children with sNSC. Taken together, these results point to a more insidious process that results not in overt brain malformation in NSC, but rather more subtle functional and microstructural disorganization that may, in part or whole, underlie the cognitive disabilities so commonly observed in these children. An emerging goal, then, of early surgical intervention is to abate or improve the cognitive dysfunction in these children by hopefully allowing for more normalized brain growth after vault constriction release, and attenuate whatever insidious process may be taking place.

However, no studies have evaluated whether this very basic assumption and goal of surgery is achieved; that is, whether the brains of children with sNSC become more normalized in morphology after surgery. This study, the first (to our knowledge) to evaluate brain normalization in previously treated adolescents with sNSC, indicates that substantial brain normalization is achieved when early comprehensive surgical intervention is performed in infancy. Although there have been many functional, cosmetic, and cognitive outcome reports on this condition, none addressed the basic question of whether a primary goal of surgery—to allow for more normalized brain growth and development—is actually achieved. Brain dysmorphology in infants with sNSC who have not undergone surgery has been well documented. Before surgery, infants with sNSC demonstrate significant lengthening of the brain anteroposteriorly, lengthening between the posterior horns of the lateral ventricles and occipital poles, mediolateral expansion of structures in the anterior frontal region, and mediolateral constriction notable on the left side. Aldridge and colleagues examined brain morphological changes following surgery in this same cohort of infant subjects, studying the ratios of linear

![FIG. 2. Examples of individual Jacobian maps generated for both a control (left) and an sNSC (right) subject. Blue represents areas of brain volume contraction. Red represents areas of brain volume expansion. The spacing is 1.5 mm and the resolution is 1.05 mm³. Figure is available in color online only.](image-url)
distances between 32 identifiable cortical and subcortical brain structures. As expected, ratios of these distances differed significantly in untreated infants with sNSC as compared with controls. Following surgery, the brains of the infants with sNSC assumed a much more normal globular shape, but ratios of distances between structures were still deviated from normal, and overall brain shape reorganized to a morphology somewhere between normal and where it was preoperatively. Thus, Aldridge and colleagues helped to answer the very important question of whether surgery impacts the trajectory of brain growth, revealing that certain aspects of brain morphology soon after intervention did, in some way, revert to a more normalized pattern. However, limitations of the study were that analysis was only performed at 1 year after surgery (postsurgery age range at the time of assessment was 1.4–2.4 years), and it was not based on objective, whole-brain assessment to determine morphological differences throughout the entire brain. These factors are significant because brain volume doubles by 6 months, triples by 2.5 years, continues to grow rapidly until age 3, and then begins to decelerate until age 6, when the cranial vault reaches 90% of its adult size.

The brain also continues to grow steadily in size across childhood, and experiences another developmental spurt in adolescence, not reaching its full adult weight until the late teens or early 20s. During this time, synaptogenesis, pruning, and myelination are fervently active and contribute to the overall shape, size, and connectivity that is reached. This current study, which relies on more sensitive, objective, and whole brain analysis and examines adolescent outcomes of infant surgical patients (with a mean age of 12.3 years), is more appropriate for quantifying true final morphological differences because the brains of our subjects have had sufficiently more time to grow and potentially normalize (11–11.5 years after surgery).

Our findings demonstrate that the brains of these patients, at least in this small cohort, do, in fact, appear to continue along a more normalized trajectory following surgery, to the point that they reach substantial normalization by early adolescence. Compared with the extensive morphological differences observed in the brains of infants with sNSC, our adolescent cohort showed few areas of significant differences in brain morphology. Specifically, there were no areas of significant brain expansion or contraction between those with sNSC and controls at the predetermined threshold of p < 0.01. The use of the more exploratory liberal threshold of p < 0.05 demonstrated two areas of brain expansion extending anteroposteriorly in the right temporooccipital and left frontoparietal regions in adolescents with sNSC compared with controls. Conceivably, these two areas of brain expansion represent residual

FIG. 3. Average Jacobian group maps generated for controls (left) and those with sNSC (right). Blue represents areas of brain volume contraction. Red represents areas of brain volume expansion. The spacing is 1.5 mm and the resolution is 1.05 mm³. Areas of localized brain volume expansion and contraction are qualitatively similar for both groups. Figure is available in color online only.
areas of the frontoparietal and temporooccipital brain expansion noted in infants with sNSC before treatment.1,2 This result provides evidence that while the majority of the brain might achieve normalized morphology by adolescence (i.e., absence of mediolateral contraction, extensive diffuse anteroposterior expansion, and dysmorphology between deep brain structures), some regions may not. The implications of these changes on cognition and long-term outcomes are yet to be determined. Small changes in functional structural organization over time can lead to cognitive deficit. Therefore, allowing for a more normalized morphology or neural organization through surgery may be what drives potentially better cognitive outcomes.44,45 This is illustrated again by higher intelligence and developmental status through earlier and more comprehensive skull remodeling.26,49 There is mounting evidence that significant deviations in locoregional brain shape are associated with neurocognitive and executive function disorders, including attention-deficit hyperactivity disorder and autism.19,22,65 It is also known that the two brain regions found to be dysmorphic in our cohort are responsible for language and visuospatial as well as verbal and spatial processing, the functions most commonly reported to be impaired in children with sNSC.18,30,53,60 Because of this, it may become even more imperative that early comprehensive brain shape normalization be achieved, and the lasting morphological effects be thoroughly studied.

Moving forward, larger, prospective longitudinal samples of subjects, coupled with extensive neurocognitive testing, are needed. We know from neurodevelopmental studies that there exist critical periods in early brain development, and that prolonged disruption of functional organization during these periods can lead to permanent deficits.31,39 As discussed above, constriction of the vault appears to play some role in creating deficit during this critical period in infants with sNSC, as revealed not only by subtle cognitive deficits later in life in spite of surgery, but also by better cognitive outcomes when earlier (< 6 months) and more immediately corrective (i.e., whole-vault) techniques are used to intervene. These data provide hope that even if there is a primary neurological deficit in sNSC, it can be improved with surgery. This current study demonstrates that, compared with the numerous brain irregularities that are observed in infancy, there is substantially normalized brain growth morphology by adolescence (when early surgical intervention occurs around the age of 7 months). Yet, consistent with the fact that cognitive deficits persist in spite of surgery, we also found that some brain shape irregularities do persist in spite of treatment. This highlights again how lasting effects can...
occur when an insult happens during a critical time in early development. Our study does not address correlation to neurocognitive data, and it relies on a small sample size. There may exist subpopulations of patients with sNSC with more pronounced morphological differences. If so, it will be important to reveal how the degree of normalization achieved through surgery relates to baseline indices of head shape deformity and to cognitive outcomes. It will also be important to compare these adolescent DBM data to those obtained from infants prior to treatment and, going a step further, evaluate what effect the different forms of treatment have on brain shape normalization in patients with sNSC. However, given the paucity of data on this important clinical topic and the novelty of our results, we believe our study provides encouraging data for the continued investigation of the effects of surgery on brain structure and function through MR analytics. We now show, for the first time, that the basic and important goal of allowing for more normalized brain growth appears to be, at least in part, achieved through surgery.

**Conclusions**

Morphometric analysis, using automated and objective MR DBM, demonstrates that children with sNSC achieve substantial brain normalization following surgery compared with the numerous brain shape irregularities reported in previous studies on untreated infants with sNSC. Allowing for brain normalization to positively impact cognitive function is a primary goal of calvarial release. Thus, these results support early intervention through cranioplasty to allow for more normalized brain growth in children with sNSC.

**Acknowledgements**

This work was funded by an NIH CTSA-TL1 grant; the American Society of Maxillofacial Surgeons; the Doris Duke Charitable Foundation Clinical Scholars Fellowship; and a Harris Professorship to Kevin Pelphrey.

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**Disclosures**

Dr. Jou has received support for nonstudy-related clinical or research effort from Hoffmann-La Roche Limited and Curemark LLC.

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